

Interested in 'living green'
either at home or in the workplace?

ECO OFFICE - ECO HOME

workshop series

The Catchment Connections Program, led by the City of Ryde Council, is now offering a series of **free sustainability workshops** for both businesses and community organisations focusing on Sustainability in the Office and Sustainability at Home.

Workshops include:

1) In the Office

- Developing Environmental Policies & Management Systems
- Introduction to Self Environmental Auditing for Small and Medium Enterprises
- Plants for Office Indoor Air Quality
- Sustainable Procurement Programs

2) At Home

- Recycling and composting
- Renewable energy
- Non-toxic cleaning
- Green gardening
- House design

Non-English speaking workshops are available if required.

All workshops are facilitated by environmental professionals and can be provided at your place of work or in community centres local to you.

Contact Ben Eadie on 0422 871 327 or ben@octobersun.com.au. to organise a date, time and venue (if not at your place of work) that suits your requirements.

Workshops will be available up until June 30th so if interested please book early to avoid disappointment.



Note: The Catchment Connections Program is a partnership between City of Ryde, Hunters Hill and Hornsby Shire Council's and the DECCW Environment Trust. For more information on Catchment Connections go to www.ryde.nsw.gov.au/catchmentconnections.

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WORKSHOP OPTIONS - The following workshops can be delivered for free to Businesses & Community Groups in and around the Catchment Connections Project Area, spanning the City of Ryde Council and parts of Hunters Hill and Hornsby Shire Councils as part of a Sustainability Outreach Program.

WORKPLACE

- Environmental Policies & Environmental Management Systems – what are they and why have them?
- Facilitated Workshop: Sustainability Vision and Mission Statements and Policy for your Organisation
- Introduction to Self Environmental Auditing for Small and Medium Sized Enterprises
- Improving your Office Indoor Air Quality
- Sustainable Procurement Programs for your Business
- Energy Saving in the Workplace
- Ethical Investments and Ethical Superannuation – Investments in Integrity
- Ecological and Carbon Footprinting
- Green Cleaning in the Workplace
- Corporate Social Responsibility Programs

HOME

- Saving Water in the Home and Garden
- Solar Power & Solar Hot Water Systems
- Rainwater Tanks and Home Rainwater Harvesting
- Principles of Passive Solar Design
- Greywater System options for your home
- Composting Toilet options for your home
- Non-Toxic Cleaning
- Allergy Free Homes
- Green Walls and Green Roof Gardens
- Balcony Gardens
- Green Shopping and Consumer Choices
- Permaculture – an overview
- Home Herb Gardens
- Introduction to Organic Gardening
- Seed Saving
- Natural Pest Management
- Building your soils through home composting & worm farming
- Birdscaping your Garden
- Back Garden Bee Keeping
- Keeping Chickens at Home
- Native Fish, Frogs & Ponds
- Local Bushtucker Gardens for Food and Biodiversity
- LETS (Local Energy Trading Systems)

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For workshop bookings please contact:

Ben Eadie: ben@octobersun.com.au or via 0422 871 327.

Please note: Workshops can be delivered as a breakfast workshop, during the working day, in the evenings or on weekends subject to availability. If the presenter for your workshop of choice is unavailable for your preferred day and time we will work with you to find either an alternative workshop or an alternative date/time.

Workshops generally range from 30 minutes – 90 minutes based around the time available.

Workshops are being facilitated on behalf of the City of Ryde by Sustainability Systems and Services.

Sustainability Systems & Services has nearly two decades experience in the field of sustainability, and has extensive specialised knowledge in relation to the provision of environmental education and support that leads to tangible improvements.

Sustainability Systems & Services works with a range of public and private sector organisations to help them understand how the principles of sustainability relate to their business, and how to establish and maintain environmental management systems and sustainable business practices and strategies for creating positive change.

For more information on Sustainability Systems & Services please go to www.sustainabilitysystems.com.au



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