

MAYOR'S COMMUNITY MESSAGE

Spring Garden Competition

The gloves are off for the City of Ryde Spring Garden Competition.

This hands-on community dig-fest has been held by Ryde Council for more than thirty years and gets more popular every year.

There are 12 categories for local garden gurus of all ages to showcase their propagation skills, including Best Edible Garden, Best Balcony, Community Garden and Bushcare Site.

The Children's Seed Growing Competition is also back with Tiny Tim Tomatoes as the crop of choice for kids 3 – 16 years of age.

All the details can be found at www.ryde.nsw.gov.au/gardencomp

Keep Looking When Cooking

Did you know that almost half of the house fires in Australia start in the kitchen – all because cooking was left unattended?

To help prevent kitchen fires, Fire & Rescue NSW has released the *Keep Looking When Cooking* mini mag. Available in cafes, bars, community centres and other locations, it features a great collection from firefighters that will give you the answer to that perennial question – “What’s for dinner tonight?”. The mini mag also has handy tips on how to stay fire safe in the kitchen.

You can find out more on the Fire & Rescue NSW Facebook and Twitter page and use the hashtag #KeepLookingWhenCooking to spread the message.

Lift for Life

The popular Lift for Life exercise program for seniors is back. This 8-week course is a low-cost resistance training program that can help seniors and retirees reach their health goals, increase muscle strength and improve flexibility. The twice-weekly, small group program begins on Tuesday 18 July. For details and to book go to www.ryde.nsw.gov.au/eventslisting

Wrap With Love

One of the great events offered by our Library Service is the annual Wrap With Love Knit In.

Every year local knitters and Council staff combine their skill and generosity to create thousands of hand-knitted squares that are made into beautiful blankets which are sent all over the world to bring warmth and comfort to people in need.

Knitting classes are held at Gladesville, West Ryde and Eastwood Libraries. There is still time for you to join in this amazing event which takes place on Friday 4 August at Ryde Library. For details go to www.ryde.nsw.gov.au/library



Yours Sincerely,

 Cllr Bill Pickering (LtCol Retd)
 Mayor - City of Ryde
 Phone 9952 8222 or
 email mayor@ryde.nsw.gov.au

EVENTS AT YOUR LIBRARY

InFocus Talk: Understanding Retirement Income Streams

Getting ready for retirement? It's never too early to begin planning your future, working out what you want, looking at the options available to you, and setting some goals. If you plan now, you will have more choices in the future.



When Tuesday 18 July
Time 6.30 - 7.30pm
Where Gladesville Library
Cost Gold coin contribution
Bookings Essential, call 9952 8352 or book online at cityofryde.eventbrite.com.au

Authors Platform: Kathryn Heyman

Set in the world of free-diving and inspired by Simon Gittany's conviction for killing his girlfriend, 'Storm and Grace' is a brilliant addition to the territory of domestic noir, tapping deep reservoirs of myth to reveal the secret violence that moves just beneath the surface of everyday.



When Thursday 27 July
Time 6.30 - 7.30pm
Where Ryde Library
Cost Gold coin contribution
Bookings Essential, call 9952 8352 or book online at cityofryde.eventbrite.com.au

Knit-In

You're invited to Ryde's annual Knit In to support Wrap with Love Inc. Bring your knitting needles, crochet hooks and sewing needles and be part of this fantastic community event whilst supporting the Wrap with Love organisation. Donations of 8ply wool, completed squares and wraps all welcome. An exhibition of selected wraps will be on display at Ryde Library from Monday 27 July 10.00am until Sunday 6 August 5.00pm. Light refreshments provided.



When Friday 4 August
Time 10.00am - 2.00pm
Where Ryde Library
Cost Free

How to use DHS Online services, MyGov and Mobile Apps

Presented by the Department of Health Services.



When Wednesday 23 August
Time 10.30 - 11.30am
Where Ryde Library
Cost Gold coin contribution
Bookings Essential, call 9952 8352 or book online at cityofryde.eventbrite.com.au

SCHOOL HOLIDAYS



Throughout the July School Holidays, children can have fun and celebrate the best of local comic culture, with activities at their local library. There are also activities at the Ryde Aquatic Leisure Centre and other sports and fun activities. For more information visit www.ryde.nsw.gov.au/schoolholidays

PUBLIC NOTICE BOARD

One Day Library Closure

All City of Ryde Libraries will be closed on Wednesday 26 July for a staff development day, and will reopen on Thursday 27 July at 10.00am. After hours chutes will be available at all locations during this time. We apologise for any inconvenience caused.



THE CITY OF RYDE PRAYER BREAKFAST

When: Friday 11 August 2017
Time: 7.00 - 8.30am
Where: Civic Hall, 1 Devlin Street, Ryde
Cost: \$30 per person, or purchase a table of 10 for \$270. Includes breakfast.

For more information or to book, call the City of Ryde Events team on 9952 8040 or email events@ryde.nsw.gov.au

To book online go to: www.ryde.nsw.gov.au/prayer
 Ticket sales close Friday 4 August.



Guest Speaker:
Delia Gray
 GM Community Services,
 Dir. Allied Health - Royal Rehab

Delia Gray presents her talk *"Life is not defined by the abundance of your abilities"*.

Delia is trained as an Occupational Therapist, and has worked at Royal Rehab for nearly 16 years, the last ten as a member of the executive. Throughout her career, both overseas and in Australia, she has always approached her work as a servant of Christ, seeking His will and serving His people. Her first experience of working with people living with a disability was as a volunteer at the age of 11. She considers it a huge privilege to be able to work closely with a person and their family through their rehabilitation or to travel beside them on their journey of discovering how they can thrive - making the most of the abilities each person has. Delia has thoroughly enjoying working in partnership with the volunteers and consumers of Royal Rehab and Sargood on Collaroy to develop and improve the services for all clients and families. Delia is married with two girls.

