

Aged Care - It's Changing!

WHAT YOU NEED TO KNOW

This information session is supported by Ryde City Council, presented by North Ryde Community Aid & Information Centre Inc and delivered by Guest Speaker

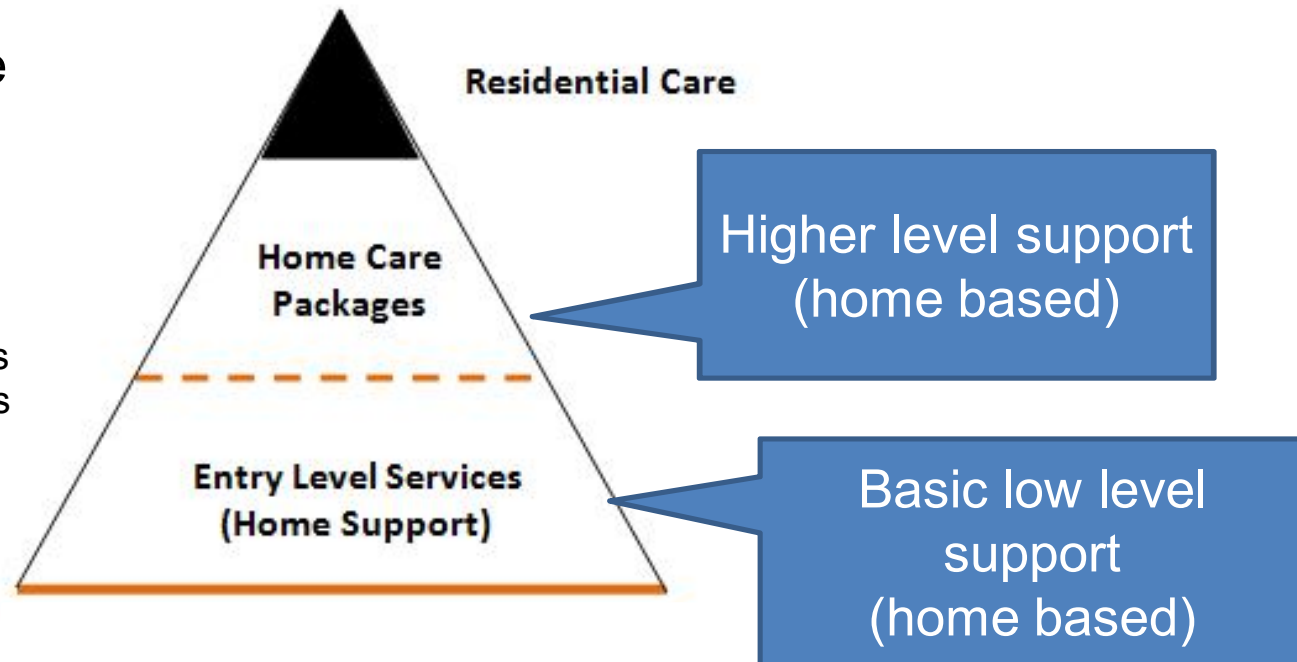
Jenny Bray

For information on services go to www.myagedcare.gov.au

There are 3 broad aged care programs 2 of the programs are delivered to your home

In 2011, most people
aged 65 years and
over lived in private
dwellings (94%)

Australian Bureau of Statistics
'Where and how do Australia's
Older People live?'



Get more information about services

www.myagedcare.gov.au

or

Call 1800 200 422

To get access to aged care services you **MUST** contact
My Aged Care

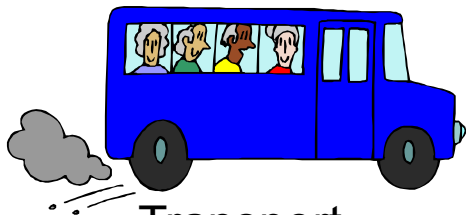


Examples of Services

We try to deliver what you feel your need. Always tell your service provider what would work for you. To give you some ideas

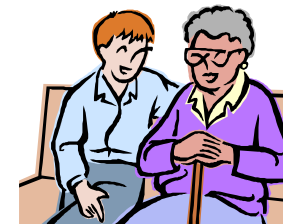


Help with housework



Transport

There are shopping shuttle buses, and individual transport



Social Support
(individual)

e.g. Shopping with you,
going with you to doctor's
appointments

Services



social support groups
(seniors groups)

personal care
(help with bathing,
showering, or sponging)



Minor home
maintenance
(changing light bulbs, or
tap washers)

Services

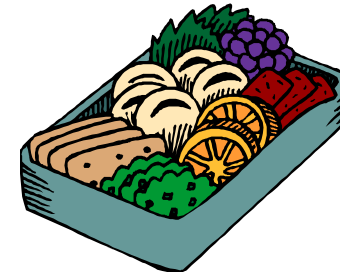


Home modifications

(grab rails near stairs or in the bathroom; installing ramps; modifying bathrooms)



Help with equipment



Home delivered meals, or community restaurants

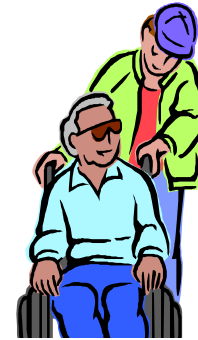
Services



Allied Health
(podiatry, dietician,
occupational therapy etc)



Nursing Care



Respite
(giving a break to a carer)

Staying Active and Interested

Help staying physically active to maintain general health and fitness,
or help with rehabilitation after an accident or stay in hospital



Seniors Exercise

www.activeandhealthy.nsw.gov.au

Stepping
On 

A Falls Prevention Program, based on the latest **Scientific Research**, for people 65 and over

steppingon@royalrehab.com.au

Mobile: 0401 715 845

Tea and Talks, Knitting Groups and more!
Ryde City Council Library, Call Ph: 9952 8376
These services may not attract fees.

You pay a contribution

Services must tell you what the contribution cost is before delivering the service.

If you are experiencing financial hardship, you can ask the service provider to reduce the fee until your situation improves.

These hardship agreements are time limited.

If you need further help, your service can refer you to a financial counselling service.

My Aged Care

Help at home: costs explained

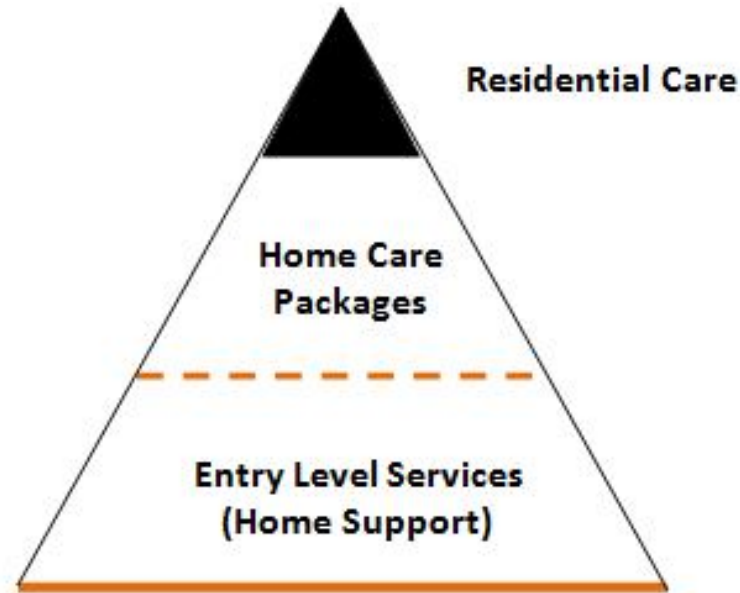
www.myagedcare.gov.au/financial-and-legal/help-home-costs-explained

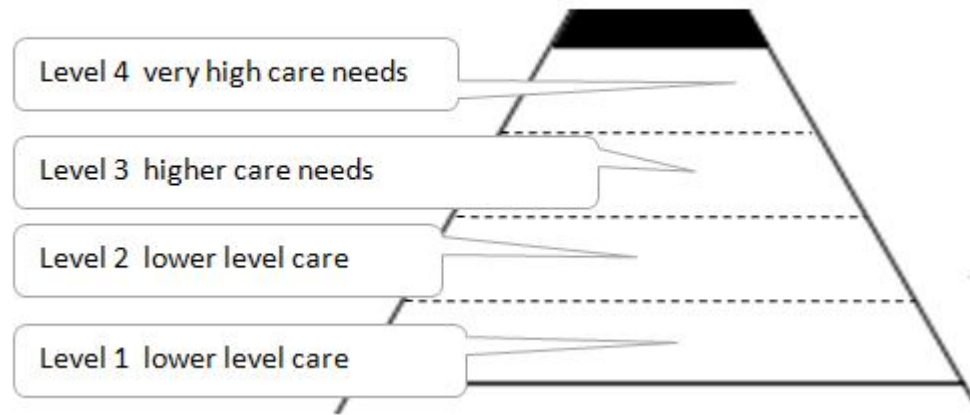
My Aged Care will assess what program you are eligible for.

Assessors decide what level you are eligible for.

You can't "choose" between basic level or Packaged care level.

No-one HAS to go to residential care if they don't want to.





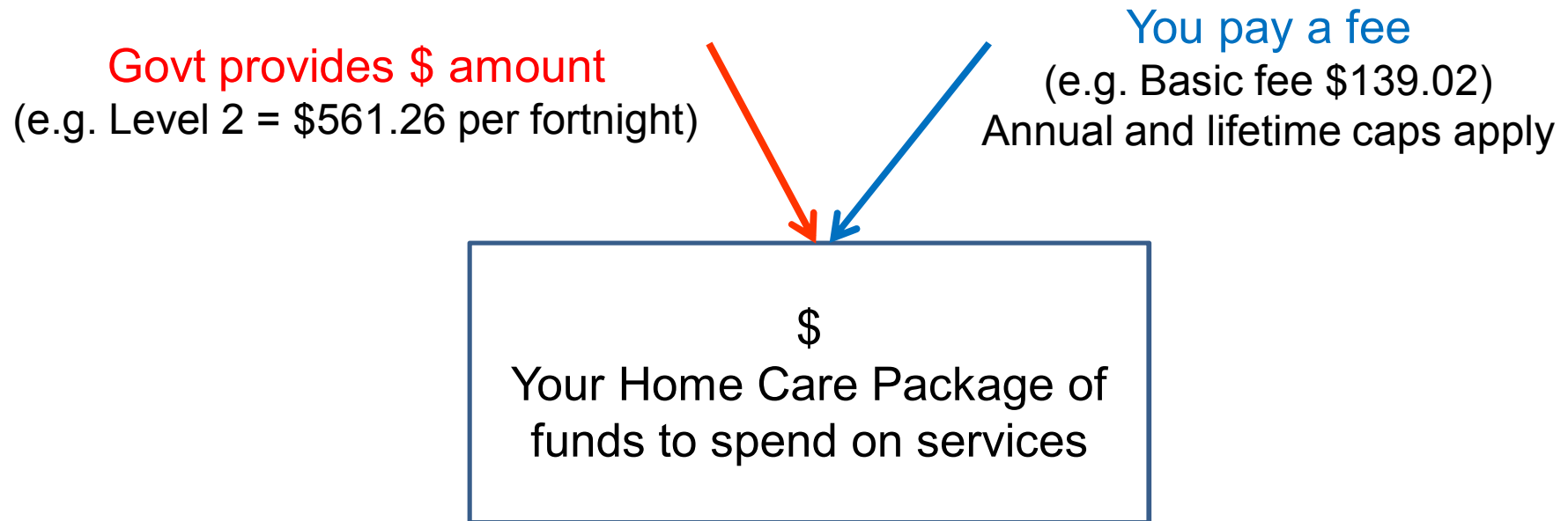
- There are 4 levels of **Home Care Packages** are available.
- Each level has a certain amount of money that the **Government** contributes to your care (see the table below).
- No matter what level you are receiving, the fees are the same.

Home Care Package Level	Amount provided by Govt per Fortnight
Level 1	\$308.56
Level 2	\$561.26
Level 3	\$1,233.96
Level 4	\$1,875.86

These rates are applicable from
1 July 2016 to 30 June 2017

Home Care Packages

Government Contribution and Client Fees



You BUY the services from a provider out of your package
You get a monthly statement so you know how much is left.

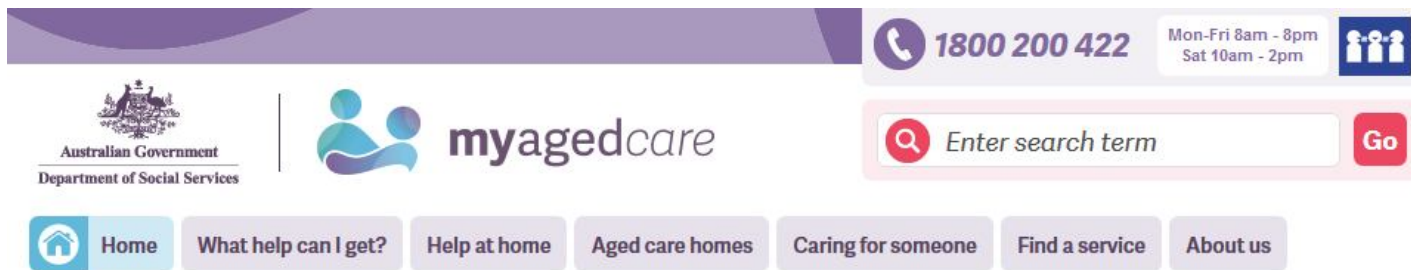
Calculating what fees you will be asked to pay

My Aged Care

Help at home: costs explained

www.myagedcare.gov.au/financial-and-legal/help-home-costs-explained

Fee Paid by Clients	Amount
Fortnightly	\$139.02
Per Annum	\$3,614.52
Income Threshold for the Income Tested Care Fee	
Individual Person Per Annum	\$25,659.40
Couple (combined income) Per Annum	\$39,821.60
Maximum Income Tested Care Fee Contribution Cap	
Annual Cap Per annum	\$10,375.96
Annual Cap for Part Pensioners	\$5,187.97
Life time Cap	\$62,255.85



Call Centre staff

will ask some questions to
determine if you are ELIGIBLE and
start the talk about what you need

Home Support Program
Entry level services
Service 'first visit'
Forms a Service Agreement with you

Home Care Package Provider
Forms a Service Agreement with you
You decide what services you want

Regional Assessment Service
85% of referrals

Aged Care
Assessment Team
15% of referrals



After you call My Aged Care, they will arrange an assessor to come to your home. This may be the Regional Assessment Service or the Aged Care Assessment Team.

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or

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