



Eastwood Heights Public School Transport Access Guide

The majority of families live within a reasonable (2km) walking or cycling distance from school or the local shops. The TAG over the page

provides suggested safe and accessible walking trails and cycling routes in your local area.

Accessing our school



Sydney Buses bus routes connect Eastwood Heights with:

Lane Cove / North Sydney / Manly / City
140 (limited stops), 288, 290, 292, 293

Epping / Marsfield / Macquarie / Chatswood
140 (limited stops), 288, 290, 292, 293, 295, m54, 544, 545, 550, 551

Eastwood / Carlingford / Auburn / Parramatta
m54, 544, 545, 550, 551

Hillsbus buses connect Eastwood Heights with:
Blacktown / Baulkham Hills / Carlingford / Epping / Macquarie 630



If you need help on deciding which transport services will help you on your journey, please call **131500** or visit **131500.com.au**.

Epping Library



Chambers Crt (off Pembroke St)
Epping NSW 2121

Opening hours

Monday - Friday	10.00am - 9.00pm
Saturday	9.30am - 12.00pm
Sunday	2.00pm - 5.00pm

Macquarie Shopping Centre



Cnr Herring and Waterloo Rd
North Ryde NSW 2113

Opening hours

Monday - Wednesday, Friday	9.00am - 5.30pm
Thursday	9.00am - 9.00pm
Saturday	9.00am - 5.00pm
Sunday	10.00am - 4.00pm

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GO ACTIVE² SCHOOL

Did you know?

Children between the ages of 5 and 12 years need at least 60 minutes (and up to several hours) of moderate to vigorous physical activity every day. Adults need to put together at least 30 minutes of moderate-intensity physical activity on most, preferably all, days.

Walking to school is an easy way for you and your child to achieve the recommended amount of physical activity needed in a day. **It's fun, friendly and easy.**

Stop Look Listen Think How to cross the road safely

STOP one step back from the kerb or shoulder of the road if there is no footpath. **LOOK** in all directions for approaching traffic. **LISTEN** in all directions for approaching traffic. **THINK** about whether it is safe to cross the road – when the road is clear or all traffic has stopped.

When crossing walk straight across the road. Keep **LOOKING** and **LISTENING** for traffic while crossing.

Active Bodies, Active Minds



Eastwood Heights Public School

Lincoln Street
Eastwood NSW 2122
Open from 9.00am until 3.30pm

Telephone: 02 9876 4732 or 02 9876 4105

Fax: 02 9876 8945

Email: eastwoodht-p.school@det.nsw.edu.au

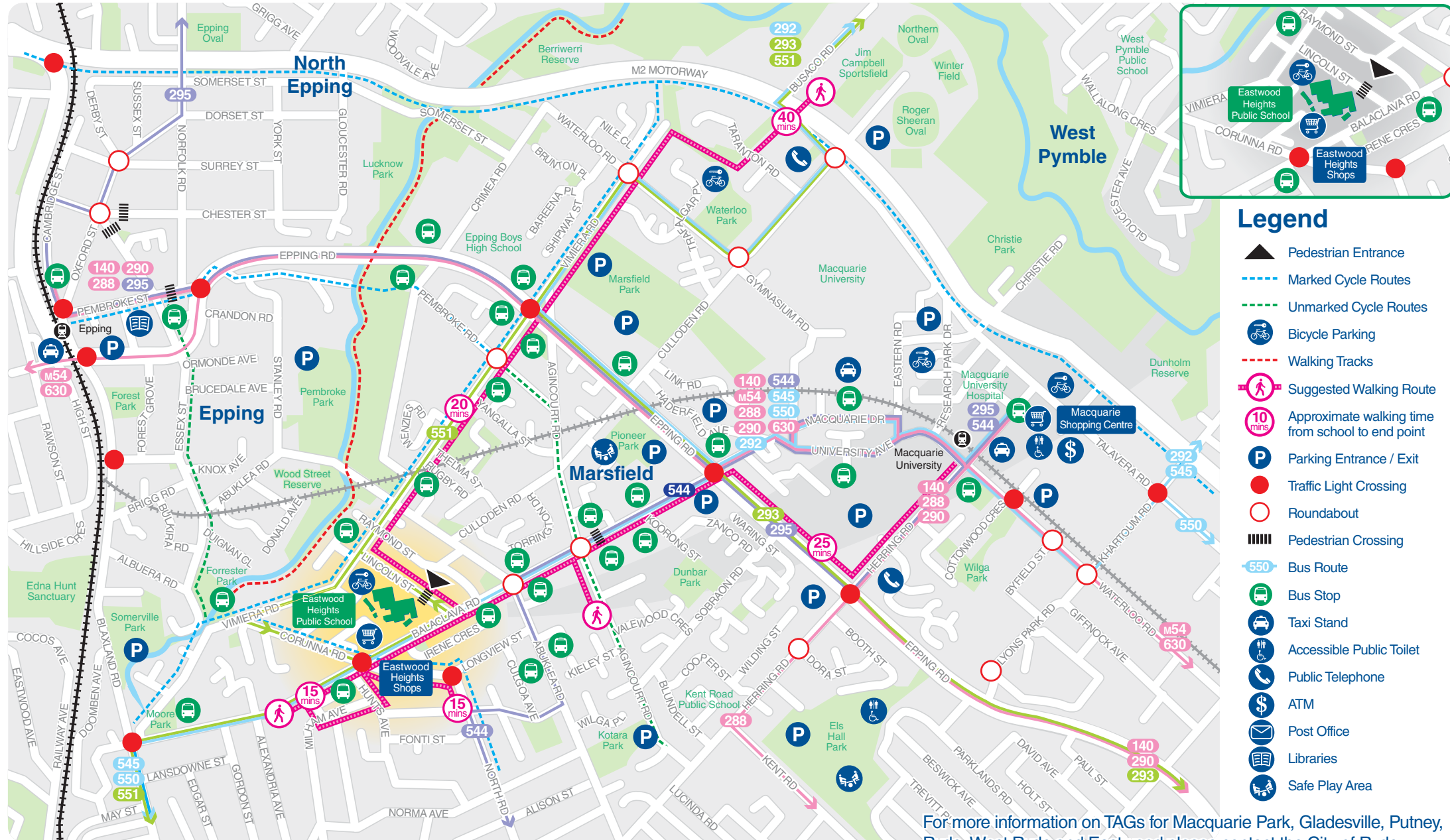
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An initiative of the City of Ryde and Ryde Hornsby Health Promotion Unit



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- ### Legend
- Pedestrian Entrance
 - Marked Cycle Routes
 - Unmarked Cycle Routes
 - Bicycle Parking
 - Walking Tracks
 - Suggested Walking Route
 - Approximate walking time from school to end point
 - Parking Entrance / Exit
 - Traffic Light Crossing
 - Roundabout
 - Pedestrian Crossing
 - Bus Route
 - Bus Stop
 - Taxi Stand
 - Accessible Public Toilet
 - Public Telephone
 - ATM
 - Post Office
 - Libraries
 - Safe Play Area

For more information on TAGs for Macquarie Park, Gladesville, Putney, Ryde, West Ryde and Eastwood please contact the City of Ryde.