

#### Meadowbank Public School Transport Access Guide (TAG)

The majority of families live within a reasonable (2km) walking or cycling distance from school or the local shops. The TAG over the page

provides suggested safe and accessible walking trails and cycling routes in your local area.

## Accessing our school

Sydney Buses bus routes connect Meadowbank with:

North Ryde M41, 458, 459, 507, 533, 534 Macquarie Park M41, 458, 459, 507 Lane Cove North / Chatswood 533, 534 Gladesville / Drummoyne / City 507, M52, 520 Putney / Tennyson Point 507 Rhodes / Strathfield / Burwood / Olympic Park M41, 458, 459, 533 West Ryde 513, M52, 520, 524, 534 Telopea / Carlingford 513 Parramatta M52, 520, 524

**(i)** 

If you need help on deciding which transport services will help you on your journey, please call 131500 or visit 131500.com.au

#### Top Ryder



The Top Ryder is a free transport service within the City. For information on routes and timetables, please visit **ryde.nsw.gov.au**.

**Route 1 - Orange:** Meadowbank to West Ryde via Gladesville and Eastwood.

**Route 2 - Blue:** Top Ryde City to Eastwood via Gladesville, Meadowbank and West Ryde.

## Ryde Library



Cnr Pope & Devlin Sts, Ryde 2112 **Opening hours** 

Monday - Friday Saturday Sunday

10.00am - 9.00pm 9.30am - 5.00pm 2.00pm - 5.00pm



## Did you know?

Children between the ages of 5 and 12 years old need at least 60 minutes (and up to several hours) of moderate to vigorous physical activity every day. Adults need to put together at least 30 minutes of moderate-intensity physical activity on most, preferably all, days.

Walking to school is an easy way for you and your child to achieve the recommended amount of physical activity needed in a day. **It's fun, friendly and easy.** 

#### Stop Look Listen Think How to cross the road safely

**STOP** one step back from the kerb or shoulder of the road if there is no footpath. **LOOK** in all directions for approaching traffic. **LISTEN** in all directions for approaching traffic. **THINK** about whether it is safe to cross the road – when the road is clear or all traffic has stopped.

When crossing, walk straight acssross the road. Keep **LOOKING** and **LISTENING** for traffic while crossing.

#### Active Bodies, Active Minds



Meadowbank Public School Thistle St, Ryde NSW 2112 Opening hours Monday - Friday: 9.00am - 3.00pm

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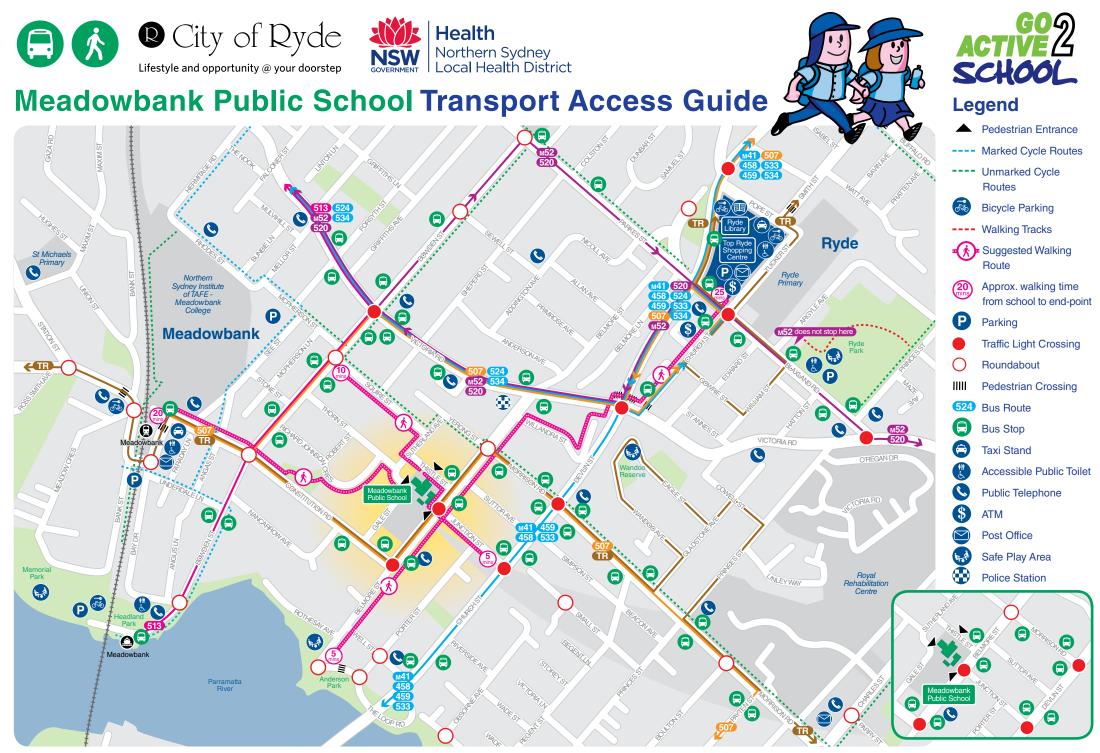
# Meadowbank Public School

**Transport Access Guide** 



An initiative of the **City of Ryde** and **Ryde Hornsby Health Promotion Unit** 





For more information on TAGs for Denistone East, Eastwood and Eastwood Heights, Gladesville, Macquarie Park, Putney, Ryde, North Ryde and West Ryde, please contact the City of Ryde.