

Friday, 02 September 2011

EAT HISTORY – A FEAST OF FAMILY RECIPES

‘Eat History’ is a unique collection of recipes celebrating the cuisine culture and heritage of our area’s residents that will be launched on Thursday 8 September at Ryde Library to mark History Week.

The recipes, along with family food recollections, were contributed by sisters, mothers, grandmothers and even grandfathers and hail from the kitchens of many nationalities including Armenian, Dutch, English, Hungarian, Indonesian, Irish, Italian, Maltese, Sri Lankan, Swiss, Thai, Ukrainian and Vietnamese.

The collection includes a recipe that dates back to the First Fleet, to a scones recipe from the Nursing Unit Manager at Digby House, the only ward at Gladesville Hospital with psychiatric residents, that are made for celebrations such as birthdays. There’s even a Noah’s Ark Soup – because it has two of everything.

The launch is a chance for contributors and members of the public to see the collection, share stories and sample some of the recipes that make up EAT HISTORY.

Eat History Launch, Thursday 8 September 2011, Ryde Library,
6.00 – 8.00 pm

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