

Thursday 15 December 2011.

## **'FAMILY FAVOURITES' – A FEAST OF CULINARY SECRETS**

*Sweet and Savoury Family Favourites* - a unique mix of local family recipes, kitchen memories and photos - is now on sale for \$10.40 at your local library as a limited edition recipe collection.

The collection came together as part of Council's History Week celebration when locals were asked to send in their favourite recipes, accompanied by the stories of special people in their lives who were associated with the recipes.

City of Ryde Library Manager Jill Webb said: "As the recipes and stories came in, it became clear that while people were talking about food, they were really sharing memories and experiences of love - love of family, love of heritage, love of ancestry and love of tradition.

"The recipes evoked mothers and fathers, grandparents, nannas, favourite aunts and sisters and the stories they tell demonstrate that we live in a community where family is of central importance."

The 45 recipes reflect the diversity of our City, with delicious dishes from the Armenian, Austrian, Dutch, English, Hungarian, Indian, Indonesian, Irish, Italian, Maltese, Sri Lankan, Swiss, Thai, Ukrainian and Vietnamese communities making up the collection.

There are also quite a few Aussie recipes, with one for damper dating as far back as the First Fleet.

You can purchase a copy of '*Sweet and Savoury Family Favourites: a collection of recipes and family memories*' from any local City of Ryde library for \$10.40, or call 9952 8222.