







You're invited to a Neighbour Day event...

neighbour day

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**Neighbour Day** is an annual celebration that encourages people to connect with their community.

Neighbour Day is usually held on the last Sunday in March each year, however events can be held on any day, with many streets and neighborhoods across the country choosing a different date to celebrate that best suits them and their neighbours.

Whether through a cuppa, a picnic in the park, or a message of support; Neighbour Day is the perfect opportunity to say thanks for being a great neighbour and for being there when I needed you most. The actual meaning of Neighbour Day is so much more ...

The principal aim of Neighbour Day is to build better relationships with the people who live around us, especially the elderly and vulnerable.

Neighbours are important because good relationships with others can and do change communities. Social connection also makes us feel better as it helps prevent loneliness, isolation and depression.

Neighbour Day brings together like-minded people, resources, and organisations to grow stronger, well connected communities.

Responsibility for Australia's annual celebration of community, Neighbour Day, was assumed by Relationships Australia January 2014.

The wonderful thing about Neighbour Day is that it's a community movement; and it is communities that help to spread the word and join in Neighbour Day celebrations.

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