

# You're invited to a Neighbour Day event...



Looking forward to  
meeting you!



 **neighbour day** | *Relationships Australia*

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# Connecting Communities for 20 years

Neighbour Day started as a reminder to connect with elderly and vulnerable neighbours, and is now an annual celebration of respectful relationships and strong, resilient communities.

Neighbour Day is Relationships Australia's key social connection campaign. It aims to support and enable sustainable, respectful relationships and help address loneliness across the nation.

Social isolation and loneliness can affect anyone, at any time throughout their lives, and addressing loneliness across Australia is everybody's business. Getting involved in Neighbour Day events and actions provides an opportunity to shift the tide from social isolation to social connection, through building respectful relationships and connected communities.

Celebrations can occur at any time throughout the year however Neighbour Day is noted annually as the last Sunday in March.

Whether it's through a cuppa, a picnic in the park, or a simple message of support; Neighbour Day is the perfect opportunity to connect your community.

Join us to celebrate!

**Every day is Neighbour Day.**

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