

Thursday 15 December 2011

GO RED FOR WOMEN SUCCESS

“Go Red for Women Breakfast Forum”, the first in a series of women’s health forums planned by the City of Ryde’s Status of Women’s Advisory Committee, took place on Tuesday 13 December 2011, at the Stamford Grand, Ryde.

The forum which was organised by City of Ryde staff in partnership with the Heart Foundation and the Women’s Health Service Northern Sydney Local Health Network attracted over fifty women from the community, community organisations and local health services.

The Heart Foundation took a lead role in the organisation and promotion of the event, which highlighted heart disease as the pre-eminent cause of death amongst women, and also presented a range of strategies that women can undertake for good cardiac health.

Guest speakers included Professor Trish Davidson, Professor of Cardiovascular and Chronic Care - University of Technology Sydney; and Julie Ann Mitchell, Director Cardiovascular Health Programs - National Heart Foundation. Forum participants were further engaged by a question and answer session facilitated by Women’s Health Services staff.

A representative from City of Ryde’s Women’s Empowerment Working Group provided the official welcome and made forum participants aware of Council’s commitment to women’s issues by highlighting the City of Ryde’s Status of Women’s Advisory Committee and Women’s Empowerment Working Group.

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