

Monday 30 April 2012

DENISTONE EAST KIDS GO ACTIVE 2 SCHOOL

Denistone East PS pupils are being encouraged to walk to school as part of the City of Ryde Go Active 2 School project.

Go Active 2 School was developed by the City of Ryde in partnership with the school community, the Police, as well as health and educational bodies, to encourage more students to walk safely to school on a regular basis.

At the launch, City of Ryde Mayor, Cllr Artin Etmekdjian, said: "Children between the ages of five and twelve years need at least 60 minutes of physical activity every day and walking to school can help them achieve this.

"Walking to school is fun and easy. It also helps to reduce the amount of dangerous traffic congestion around schools while helping to reduce carbon emissions from idling cars."

Members of the school community helped create the program by conducting a 'walkability' audit in the local streets to map the best routes and to identify potential hazards.

Each student receives a Go Active 2 School kit which contains:

- Transport Access Guides (TAG) - maps of safe walking routes
- Local transport information including free Top Ryder community bus; pedestrian and traffic light crossings; libraries and shopping centres
- Reflective wrist and bag tags to increase visibility
- Go Active 2 School water bottles
- Information on healthy living and being sun smart.

The printed information is available in English, Mandarin and Korean to ensure that all parents understand the information and importance of this program

City of Ryde has partnered with NSW Health Promotions, NSW Police and the Department of Education and Training Road Safety Curriculum Support to develop this project.

Photo Opportunity: City of Ryde Mayor, Cllr Artin Etmekdjian, launches Go Active 2 School at Denistone East Public School, Brabyn Street, Eastwood, Wednesday 2 May, 2012, 10.00am.

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