

Monday 22 April 2013

FREE OUTDOOR TABLE TENNIS AT EASTWOOD

There's a new way to keep fit and enjoy the outdoors at Eastwood Park: free outdoor table tennis.

A new table tennis table has been installed after a recent community needs study showed that the community wanted more facilities for outdoor sports, recreation and leisure activities.

The new table tennis table is in Eastwood Park, just behind Eastwood Library.

The location at Eastwood was chosen due to the high use by students and young adults. The park is also well used by families and kids.

Bookings are not required: just turn up with your paddles and balls and have a hit!

Table tennis, or ping-pong, is often described as the second most popular sport in the world, after soccer.

Free outdoor table tennis tables are already popular in many cities in Europe, the United States and China, where people can turn up for a friendly game or get involved in organised competitions.

Table tennis can be played by people of all ages and is a great way to keep fit and have some fun.

ENDS

Photo opportunity: Monday 29 April 11.30pm – 12.00 noon, Eastwood Park. Members of local social and leisure clubs will be trying out the new table tennis table.

Media contact: Louise Downe, City of Ryde, 9952 8258