

MEDIA RELEASE

Wednesday 5 October 2016

THE CORE is live at Granny Smith Festival Saturday 15 October 2016 11.00am - 5.00pm **Eastwood Primary School** Presented by Ryde Youth Council



THE CORE youth program at the Granny Smith Festival is back with six-hours of dynamic fun and a great choice of free activities by young people for young people.

From a talent quest and dance off, to wheelchair basketball and laser tagging ... have a go, test your aim, bust some moves and battle it out in an adrenaline and fun fuelled day.

THE CORE is presented by Ryde Youth Council specifically for young people 11-25 year olds. It is a drug and alcohol free event.

Apple Jam Block Party

THE CORE Apple Jam Block Party encourages young performers from all walks of life – whether you are a stand-up comic, magician, dance crew or anything else. There'll be 2on2 All Styles Battle, 2on2 BBoy Battle, Talent Quest, Soul Train Party. Register in advance with Lenny Fung on lennyboi@gmail.com 0410 627 138 or on the day from 11.00am

Wheelchair Basketball (presented by Wheelchair Sports NSW Roadshow) You've seen it in the Paralympics, now come and have a go for yourself (wheelchairs are provided).

Wheelchair basketball is similar to the able-bodied game and is characterised by its own unique style. Wheelchair basketball is played according to FIBA (able-bodied) rules with some minor modifications. There is no double dribble violation and a player can take only two pushes of the chair before they pass, shoot or dribble the ball.

Technically and physically demanding, as well as fast-paced - these are the just some of the reasons why wheelchair basketball has one of the highest profile in the world of wheelchair sports.

Laser Tag Challenge

Sign up in groups of five or on your own for 10 minutes of adrenaline fuelled fun. Duck and dive behind inflatable barriers while you try to shoot (or avoid being shot by) the opposing team. Free bookings from 12 noon at the Ryde Youth Council stall.

facebook.com/grannysmithfestival facebook.com/rydeyouth #WeLoveGSF

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