



WILLOUGHBY  
CITY COUNCIL

*City of Diversity*

# DOMESTIC VIOLENCE IS A CRIME

POLICE & COMMUNITY BOOKLET





*Produced By:*  
**Lower North Shore  
Domestic Violence Network**

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# INTRODUCTION



This booklet aims to assist victims of domestic violence by explaining what domestic violence is, what happens when police are called to an incident and the associated legal processes. If you need any additional information or support, please contact the Domestic Violence Liaison Officer (DVLO) at your local police station (see page 15 for contact details) or community contacts listed at the end.

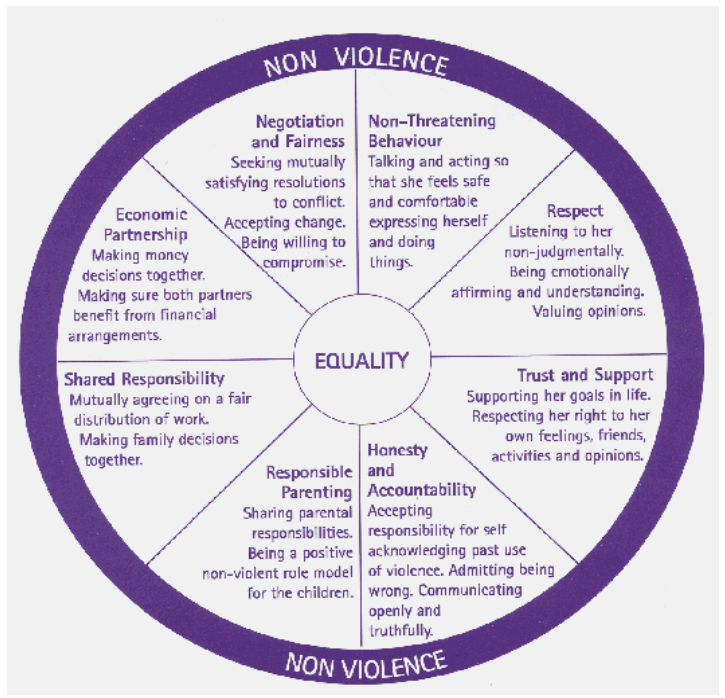
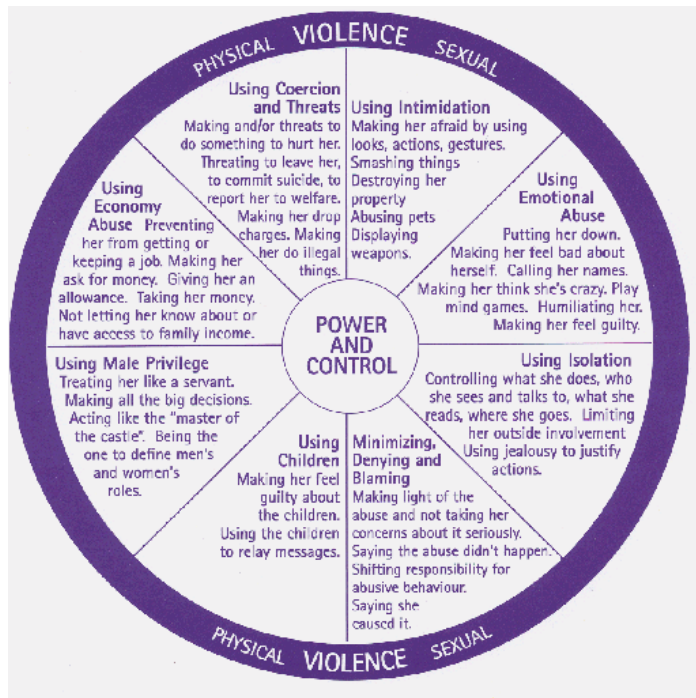
*This booklet has been produced to aid women on the North Shore. The language in this book is gender specific, as statistics reflect that males are predominately perpetrators of violence. In stating this, this Network does acknowledge that men can also be victims of domestic violence.*

# WHAT IS DOMESTIC VIOLENCE?

Domestic Violence is when one person exerts power and control over another person. This can be done in an intimate relationship, a family dynamic and carer relationship.

Domestic Violence can be perpetrated in various forms, including:

|                        |   |
|------------------------|---|
| <b>Physical Abuse</b>  | Forms include; punching, hitting, kicking, slapping, choking and/or use of weapons. Damage to personal property is also included. |
| <b>Sexual Abuse</b>    | Forced or imposed sexual activity   |
| <b>Verbal Abuse</b>    | Insults, putdowns, belittling, degrading and threatening behaviour  |
| <b>Social Abuse</b>    | Being prevented or making it difficult to have contact with family and friends  |
| <b>Economic Abuse</b>  | Having limited access to, or no control over money and household resources  |
| <b>Spiritual Abuse</b> | Being prevented from practising your religion or having it used against you.  |



# COMMON DOMESTIC VIOLENCE OFFENCES

The following are the common Domestic Violence offences as seen by police

- ➡ Assaults (can be a threat of an assault)
- ➡ Malicious damage (destroying your property)
- ➡ Maliciously damaging property with the intent to injure a person
- ➡ Stalking
- ➡ Intimidation- includes harassment via repeated phone calls, text messages and emails
- ➡ The breach of an Apprehended Domestic Violence Order (ADVO).
- ➡ Cruelty to animals
- ➡ Driving offences
- ➡ Sexual offences
- ➡ Indecent assault

The breach of an ADVO is a serious offence. In order to investigate the offence, police will obtain statements from the victim and any witnesses. Any report regarding the breach of an ADVO needs to be made within six months of the breach.

# WHO DOES IT HAPPEN TO?

Many women and women with children are not safe in their own homes

- Domestic Assault is the most common form of assault in Australia
- Therefore, most women are at risk at some time in their lives
- It doesn't matter where you live or what your income and/or profession, age, or what country or religion you are.
- If it happens once, it will probably happen again
- Children can be damaged by witnessing domestic violence



# HOW CAN I TELL IF DOMESTIC VIOLENCE IS HAPPENING TO ME?

**If any of these things are happening you are being abused:**

- You are scared or frightened of someone who lives or has lived with you
- You are being put down by someone who says they love you
- You are being told you are stupid, that it's your fault, that if you had not done something- he would not have hit you or got mad at you
- You can't have your friends or family around because you are not sure how he will handle it, or because he embarrasses you in front of them
- You feel like you are living with a 'Jekyll & Hyde'- one 'face' for others and one for you
- Your partner views themselves as more important than you and is always right.
- Your partner pressures you to have sex, which is unpleasant or forced
- Your partner is sometimes nice for a while, then the tension and violence starts again.
- Your partner controls all the money and insists that you account for every cent spent
- Your partner constantly needs to know where you are.
- Your partner uses force, threats or coercion to make you do things you don't want to do.
- Your partner has threatened to hurt, or has hurt your pets
- You are fearful when the children don't behave, or frightened the children will be hurt if they aren't quiet

# STEPS TO SAFETY PLANNING



PLANNING TO BE SAFE FOR YOU AND YOUR CHILDREN DOES NOT MEAN YOU ARE BETRAYING YOUR RELATIONSHIP

You may be able to plan one step at a time, or you may have to act quickly. Here are some ideas that may assist you in planning for yours and your children safety.

- Keep all your important documents, some money and other important papers in a safe place that will be easy to get to in a hurry  
*These might include: birth certificates, Medicare card, health care card, bank key card/credit cards, passports, Centrelink documents, a copy of your ADVO, spare car and house keys, scripts for any medication, phone card, important numbers and school records.*
- Put aside even a small amount of money in case of an emergency
- Prepare hand luggage for both you and the children with just your essentials so you can move quickly if you need to  
*Perhaps, you could leave some of these things or copies at a friends/family home.*
- Decide where you will go and who you will contact if you need a safe place to go in the event of an emergency
- Ask the neighbours to call the police if they hear the abuse starting

# KEEPING SAFE



## HIDING YOUR WHEREABOUTS

To ensure you stay safe, the following steps can be taken to ensure you and your children are not easily found or harassed by your former abusive partner:

- Get a silent phone number
- Contact your mobile phone provider and request a block on incoming phone calls from your partner's phone number
- Contact the police about getting a block on your car registration so the address is not disclosed
- Rent a post office box and/or organise mail redirections
- In special circumstances Centrelink can organise to take your address off their database. Talk to other agencies (banks, phone companies etc) about their security arrangements.
- Take care when using telephones. Most mobile phones and other phones now identify the telephone number of the caller.

# CHILDREN AND DOMESTIC VIOLENCE

*Children, even babies who live with domestic violence see and hear it happening, or know that something is happening.*

*Children and babies can be severely traumatised by domestic violence. Many children can get physically hurt too.*

## **Children who live with violence can learn that:**

- Violence is the best way to get control over someone
- You don't have to respect women, they don't deserve it
- It's OK to use violence to get what you want
- It's OK to use violence if you feel stressed
- Adults don't protect children
- It's OK to hurt someone you love
- It's OK for someone you love to hurt you and control you

**Children who grow up with violence can come to believe that violence is normal behaviour. They may become abusive themselves or accept abuse from others.**

**CHILDREN WHO WITNESS DOMESTIC VIOLENCE ARE ALSO BEING ABUSED**

# WHAT TO DO IF YOU HAVE BEEN SEXUALLY ASSAULTED BY YOUR PARTNER

Marriage/de facto or intimate relationships do not give your partner the right to force you into any sexual activity; or into any sexual act to which you do not freely and without pressure give your consent.

One of the main myths of sexual offences is that most sexual offences are committed by strangers. The truth is that 80% of offenders are known to the victim. Victims are at greater risk from family members and acquaintances than from strangers.

If you are sexually assaulted, by your partner, that person may be arrested and charged.

For further advice or information call: NSW Rape Crisis Centre Phone: 9819 6565 for 24 hour 7 days a week telephone counselling, information, support and referral for sexual assault victims. Or Visit [www.nswrapecrisis.com.au](http://www.nswrapecrisis.com.au)

Royal North Shore Hospital, Sexual Assault Service, St Leonards and Phone: 9926 7580 (after hours Phone: 9926 7111). Medical assistance and counselling is provided for victims of sexual assault.

# WHAT IS AN APPREHENDED DOMESTIC VIOLENCE ORDER?

An Apprehended Domestic Violence Order (ADVO) is an order made by the court to protect you and restrict the behaviour of the person you fear (called the defendant) by placing conditions on their behaviour.

These conditions place restrictions such as:

- Not to assault, harass, threaten, stalk or intimidate you
- Not to enter, remain on or access any premises where you live or work
- Not to contact you directly or through a third party
- Not to approach you.

There are also special conditions relating to family law orders that may already be in place. Police can apply for an Interim AVO or Provisional Order (Ex parte) if you need urgent protection.

Police can apply to assist you access your property if it is still in the possession of your partner (the defendant).

**AN ADVO DOES NOT GIVE THE DEFENDANT A CRIMINAL RECORD**

# HOW TO GET AN APPREHENDED DOMESTIC VIOLENCE ORDER

## Provisional Order (Ex Parte)

Police may take out a Provisional Order in event of an emergency or incident in which you require immediate protection.

## Application for ADVO

An Application for an Apprehended Domestic Violence Order is not an enforceable document. It contains the reasons why there is a need for an ADVO and the application provides the time, date and court location with a list of the conditions you would like to have enforced

## Interim Apprehended Domestic Violence Orders

Interim Apprehended Domestic Violence Orders can be made by magistrates at court. These orders are put in place to protect you between court dates.

## When is the order enforceable?

All orders must be served on the defendant to become enforceable. If the defendant was present at court the order will automatically be enforceable.

# APPLYING FOR AN APPREHENDED DOMESTIC VIOLENCE ORDER



You can speak to the police or you can make an appointment with the Chamber Registrar at your local court to apply for an ADVO.

Your application is sent to the police station closest to the defendant (the person you fear) for service where the defendant will receive notice about the application and the court date.

The first court date is called a mention. On this day any one of the following might happen:

- (a) Final order may be granted as long as the defendant was served (even if the defendant is not in court)
- (b) The matter may be adjourned (put off until another date) for further mention if the defendant was not served
- (c) The defendant may disagree with the application. The matter will then go to a hearing so you may have to attend court several times.

An interim order may be granted to give you protection until the hearing.

At a hearing, the magistrate hears your evidence, the police evidence and the defendant's evidence. The magistrate needs to decide if you hold reasonable fear of further domestic violence.

The order may be granted or the application may be dismissed. If the application is dismissed, an appeal can be made to the district court.



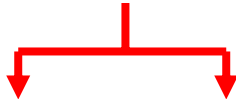
# APPLYING FOR AN APPREHENDED DOMESTIC VIOLENCE ORDER

Call the Police or go to the Chamber Registrar at your local court to issue an ADVO



## MENTION

*(You attend court for the first time)*



### Final ADVO Granted

*The magistrate makes a final ADVO.  
This can be done when your partner has been served even if he does not attend court.  
But sometimes you have to come back several times because your partner has not been served his paperwork*

### Adjournment

*Defendant does agree to an order being made.  
Or he has not been given notice to attend so it is adjourned to another day, or an interpreter is needed.*

*The magistrate may make a temporary interim order*

If the defendant does not agree to the ADVO



## HEARING

*The magistrate hears evidence & then decides on the evidence whether you have fears for your safety & if your fears are reasonable*



### Consent order made

*Defendant agrees to order without hearing*

### Ex-parte order.

*Order made when the defendant does not attend*

### Adjournment

*Defendant or victim/witness not present.  
New hearing date set.*

### Order granted

*After a hearing*

### Order not made



# WHO TO CONTACT FOR HELP

## ***POLICE***

If you decide to report an incident to Police, you can attend your local police station or call the Police to attend to your location.

Report the incident as soon as possible. Please be aware that if the incident involved violence, threats of violence or you wish for Police to take out an AVO on your behalf, a statement must be supplied by you at the same time. For further information after you have reported the incident, please note the following Police contacts:

- The Officer in Charge – that is the officer that you reported the incident to
- The Domestic Violence Liaison Officer -particularly in relation to ADVO's or for information and referrals in relation to counselling, accommodation, victim support and services or general domestic violence information and support.

***Police have an obligation to investigate all matters of domestic violence.***  
***If you have had medical attention relating to your injuries, please advise police.***

**IN AN EMERGENCY CALL TRIPLE ZERO (000)**

# LOCAL POLICE STATIONS

Listed below are the local police stations in the Northern Sydney Region. Each of the stations is open 24 hours a day, 7 days a week. When you call, you can ask for the Domestic Violence Liaison Officer.

*LAC= Local Area Command*

**North Shore LAC**

9414 8499

63 Archer Street

***Chatswood***

**Kuring gai LAC**

9476 9799

292 Pacific Highway

***Hornsby***

**Harbourside LAC**

9956 3199

273 Pacific Highway

***North Sydney***

**Eastwood LAC**

9858 9299

3 Ethel Street

***Eastwood***

**Northern Beaches LAC**

9971 3399

Corner St. David's Ave

***Dee Why***

**Manly LAC**

9977 9499

3 Belgrave Street

***Manly***

**Gladesville LAC**

9879 9699

8 Punt Road

***Gladesville***

# LOCAL COURT

The chamber registrar at your local court house can assist you to take out an Apprehended Domestic Violence Order (ADVO).

You should ring your local court house to make an appointment and advise them it is for an ADVO and is urgent.

**Hornsby Local Court**

9847 9933

294 Pacific Highway

**Hornsby**

Monday- Friday 9am-4:30pm

**North Sydney Local Court**

9463 3800

94 Pacific Highway

**North Sydney**

Monday- Friday 9am-4:30pm

**Ryde Local Court**

9809 3540

814 Victoria Road

**Ryde**

Monday- Friday 9am-4pm

**Manly Local Court**

9934 4500

1 Belgrave Street

**Manly**

Monday- Friday 9am-4:30pm

# MAKING YOUR ADVO WORK

In many cases an ADVO is a sufficient enough deterrent for defendants to stop the behaviour that brought you to court. If he does breach the order it is imperative you report this to the police. You can do this by ringing the local police station or attending in person or by **RINGING TRIPLE ZERO (000)**

## ***REPORTING A BREACH***

It is important to report breaches no matter how 'trivial' or minor they may seem. Minor breaches can lead to major ones if the defendant believes no action will be taken. Do not be disheartened if the police response is not all you'd hoped for. A breach, unlike an AVO, if proven, is a criminal offence. Because of this the standard of proof is much higher, i.e. it has to be proven beyond reasonable doubt that what is being reported actually did happen. If the police feel there's insufficient evidence to proceed with a charge ask them to record the incident anyway and keep a record yourself, including the date and time of the incident. In this way you can build up a record of the defendant's behaviour that may provide a basis of evidence for possible future court proceedings. Also, keep records of your report(s) to the police including the name of the officer and the date and time you made the report.

# 24 HOUR VICTIM TELEPHONE SUPPORT

Please Note that 1800 phone number are free and do not show up on your telephone bill unless called from a mobile phone. If calling from a landline and your partner checks your calls, clear your phone by dialling another number after you hang up.

**DOMESTIC VIOLENCE CRISIS LINE 1800 65 64 63** (24hour state-wide free call)

Domestic Violence Crisis Line is a counselling and referral service for persons escaping violence from a partner or ex partner. It also provides information on ADVO's.

**VIOLENCE AGAINST WOMEN- AUSTRALIA SAYS NO TO VIOLENCE HELP LINE 1800 200 526** (24hour state-wide free call)

Provides information about domestic violence and sexual assault counselling services and offers information about other organisations that can assist with ongoing help or support.

**NSW RAPE CRISIS CENTRE 1800 424 017** (24hour state-wide free call)

The Rape Crisis Centre provides counselling and information services, and a telephone crisis, support and referral service.

**VICTIMS OF CRIME BUREAU 1800 633 063** (24hour state-wide free call)

Victims of Crime Bureau services provide confidential emotional support and information on your rights as a victim.

# WOMEN'S SUPPORT SERVICES

## *Women's Domestic Violence Court Advocacy Service (WDVCAS)*

- Can talk to you about your needs and options surrounding Domestic Violence and the application for an Apprehended Domestic Violence Order (ADVO's) before the court
- Meet with you or talk to you on the phone before your court date.
- Support you at court in a safe waiting room at the local court.
- Inform you about other support services and advocate on your behalf.

**Northern Sydney WDVCAS**  
**8425 8707 / 8425 8702**

Covering Hornsby, North Sydney and Manly Local Courts

**Macquarie WDVCAS**  
**8833 0922**

Covering Ryde and Parramatta Local Courts

# LEGAL SUPPORT SERVICES

## **Domestic Violence Advocacy Service (DVAS)**

Sydney Metropolitan 8745 6999  
TTY 1800 626 267

DVAS is a specialist legal service for women who are experiencing domestic violence.

## **Indigenous Women's Contact Line**

All NSW Callers 1800 639 784

## **Women's Legal Services NSW**

Sydney Metropolitan 9749 5533  
TTY 1800 674 333

[www.womenslegalnsw.asn.au](http://www.womenslegalnsw.asn.au)

## **NSW Law Access Line**

Sydney Metropolitan 1300 888 529  
TTY 1300 889 529

[www.lawaccess.nsw.gov.au](http://www.lawaccess.nsw.gov.au)

Law Access NSW is a free government telephone service that provides legal information, advice and referrals for people who have a legal problem in NSW.

## **Legal Aid NSW**

Manly 9977 1479  
Sydney 9219 5000  
TTY 9219 5126

[www.legalaid.nsw.gov.au](http://www.legalaid.nsw.gov.au)

**Macquarie Legal Centre** 8833 0911  
[www.macquarielegal.org.au](http://www.macquarielegal.org.au)

**Horizons Community Legal Centre**  
9679 0969

**Immigration Advice & Rights Centre**  
[www.iarc.asn.au](http://www.iarc.asn.au) 9262 3833

**Welfare Rights Centre** 9211 5300  
[www.welfarerights.org.au](http://www.welfarerights.org.au)

**Immigrant Women's Speakout**  
[www.speakout.org.au](http://www.speakout.org.au) 9635 8022

**Northern Area Tenants Services Inc**  
[www.nats.org.au](http://www.nats.org.au) 9884 9605



# FAMILY LAW

Women who are living with Domestic Violence may need to seek advice around family law with regards to their children and property from their relationship. The following contacts may provide some assistance:

## **NSW Law Access Line**

Sydney Metropolitan 1300 888 529  
TTY 1300 889 529

[www.lawaccess.nsw.gov.au](http://www.lawaccess.nsw.gov.au)

Law Access NSW is a free government telephone service that provides legal information, advice and referrals for people who have a legal problem in NSW.

**Macquarie Legal Centre** 8833 0911

[www.macquarielegal.org.au](http://www.macquarielegal.org.au)

## **Women's Legal Services NSW**

Sydney Metropolitan 9749 5533  
TTY 1800 674 333

[www.womenslegalnsw.asn.au](http://www.womenslegalnsw.asn.au)

## **Legal Aid NSW**

Manly 9977 1479  
Sydney 9219 5000  
TTY 9219 5126

[www.legalaid.nsw.gov.au](http://www.legalaid.nsw.gov.au)

## **Horizons Community Legal Centre**

9679 0969

## **Family Relationship Centre**

- Ryde 8874 8088  
- Northern Beaches 9981 9799

Provide family dispute resolution around family law issues. Information, referral and counselling services.

## ***Women's Family Law Court Support Service***

A service that provides non-legal support, information and referrals for women attending the Family Law Registry- Sydney, in relation to separation with a particular focus on women and children who are separating from a partner who is violent or abusive. This focus does not exclude other women accessing the service. Support workers at the service assist women by providing support, information about the court process and the role of court staff, referral to other organisations, accompany women to court appointments, help organise legal representation and arrange appropriate court security measures.

The service is in operation on **Wednesday's and Friday's 9:30am-1pm** and located in the **Family Law Court, Level 5 Corner Goulburn and Castlereagh Street, Sydney.**

# ACCOMMODATION SERVICES



**Domestic Violence Crisis Line 24 hours**

**1800 65 64 63**

**Homeless Persons Information & Referral 7days 9am-10pm**

**1800 23 45 66**

*This telephone line will provide 24 hour information and advice on domestic violence and emergency accommodation options*

## **North Shore Women & Children Shelters/Refuge:**

**Delvena Women's Refuge** 9428 4929

**Erin's Place Refuge** 9888 9099

**Manly/Warringah Women's Resource Centre** 9971 4499

**Northside Women's Services** 9411 7728

Provides brokerage for crisis & medium term accommodation & Case Management

## **Tenancy Legal Advice**

**Northern Area Tenants Services** 9884 9605

Can provide advice on your tenancy

## **Other Services:**

**NSW Department of Housing Ryde Office** 9809 8444

**NSW Department of Housing Dee Why Office** 9971 3600

**Garrigal Community Housing Association Ltd** 9477 1105

**Ryde Hunters Hill Community Housing Cooperative Ltd** 9808 3543

**Centacare Family Support/Short Term Accommodation** 9488 2400

**Lower North Shore Community Housing** 9439 1399

# INFORMATION COUNSELLING & SUPPORT

## 24 Hours Support & Advice Lines

|  |                      |
|--|----------------------|
| <b>Domestic Violence Crisis Line</b>               | <b>1800 65 64 63</b> |
| <b>NSW Rape Crisis</b>                             | <b>1800 42 40 17</b> |
| <b>NSW Victims of Crime - Victims Support Line</b> | <b>1800 63 30 63</b> |
| <b>Lifeline Counselling</b>                        | <b>13 11 14</b>      |

|  |                  |  |                  |
|--|------------------|--|------------------|
| <b>North Sydney Sexual Assault Service</b> | <b>9926 7580</b> | <b>Ryde Hospital / Social Work Department</b>                | <b>9874 0199</b> |
| <b>Northside Women's Services</b>          | <b>9411 7728</b> | <b>Ryde Community Mental Health Services</b>                 | <b>9858 7777</b> |
| <b>Ryde Family Support Service</b>         | <b>9334 0111</b> | <b>Ryde Drug &amp; Alcohol Service</b>                       | <b>9858 7776</b> |
| <b>Centacare Family Services</b>           |                  | <b>Ku ring gai Family Support Program</b>                    | <b>9988 4966</b> |
| - Waitara                                  | <b>9488 2400</b> |  |                  |
| - Naremburn                                | <b>8425 8700</b> | <b>Manly Drug Education &amp; Counselling Centre (MDECC)</b> | <b>9977 0711</b> |
| - Brook Vale                               | <b>8968 5100</b> |  |                  |
| <b>Relationships Australia NSW Inc</b>     | <b>9418 8800</b> | <b>National Association for Loss &amp; Grief (NALAG)</b>     | <b>9926 6928</b> |
| <b>Manly Community Centre Inc</b>          | <b>9977 1066</b> | <b>Perspective Counselling</b>                               | <b>9482 5944</b> |

# FINANCIAL OR WELFARE ASSISTANCE

**CENTRELINK** Ask to speak or see a Social Worker  
Information, appointments and opening hours 131 021

Multilingual information line 131 202

## OFFICES:

**Chatswood**  
56-64 Archer Street

**Hornsby**  
117-119 Pacific Highway

**Ryde**  
19-27 Devlin Street

**Northern Beaches**  
660-664 Pittwater Road

## WELFARE SERVICES

**Lower North Shore**  
**Crows Nest Centre** 9439 5122

**The Salvation Army**  
Chatswood 9419 8695

**St Vincent de Paul**  
Chatswood 9419 4236

**Upper North Shore**  
**The Salvation Army**  
Hornsby 9477 1973

**St Vincent de Paul**  
Hornsby 9477 5022

**Lifeline**  
**Harbour to Hawkesbury**  
9498 8805

**Ryde/Hunters Hill**  
**Gladesville Community Aid**  
9817 0101

**North Ryde Community Aid**  
9888 3380

**Christian Community Aid-**  
Financial Counselling Program  
9858 1377

**Northern Beaches**  
**Manly Community Centre**  
9977 1066

**St Vincent de Paul**  
9905 0424

**Centacare Brookvale**  
8968 5100

**Lifeline** 9949 5522  
(financial counselling,  
gambling & welfare)

# ABUSE OF OLDER PEOPLE

Elder abuse is an act within a relationship involving trust that causes harm or distress to an older person.

The abuser may be a family member, friend, neighbour, care worker or other person in close contact with the victim

The abuse may be psychological; financial; physical; sexual abuse and neglect.

The abuse can occur anywhere, including in an elderly persons home, in a carers home, in a hospital or in a nursing home.

## **Aged Care Assessment Teams (ACAT)**

|                  |           |
|------------------|-----------|
| Hornsby          | 9477 9525 |
| Northern Beaches | 9998 0356 |
| Ryde             | 9858 7888 |
| North Shore      | 9926 8705 |

## **People with Disabilities**

|  |              |
|--|--------------|
| General Enquiries                                  | 1800 422 015 |
| <a href="http://www.pwd.org.au">www.pwd.org.au</a> | 9370 3100    |

## **The Aged- Care Rights Service (TARS)**

|  |           |
|--|-----------|
| General Enquiries  | 9281 3600 |
| <a href="http://www.tars.com.au/links">www.tars.com.au/links</a> |           |

## **Guardianship Tribunal NSW**

|  |              |
|--|--------------|
| General Enquiries  | 1800 463 928 |
| <a href="http://www.gt.nsw.gov.au">www.gt.nsw.gov.au</a> |              |

## **Alzheimer's Association (NSW Branch)**

|  |              |
|--|--------------|
| General Enquiries  | 9805 0100    |
| Dementia Helpline  | 1800 100 500 |
| <a href="http://www.alzheimers.org.au">www.alzheimers.org.au</a> |              |

## **Council on the Ageing (NSW)**

|  |           |
|--|-----------|
| General Enquiries  | 9286 3860 |
| <a href="http://www.cotansw.com.au">www.cotansw.com.au</a> |           |

## **NSW Department of Ageing, Disability & Home Care (DADHC)**

|  |           |
|--|-----------|
| General Enquiries  | 8270 2000 |
| <a href="http://www.dadhc.nsw.gov.au">www.dadhc.nsw.gov.au</a> |           |

# CHILDREN LIVING IN DOMESTIC VIOLENCE

Children who grow up with violence can come to believe that violence is normal behaviour. They may become abusive themselves or accept abuse from others. If this is a concern to you, you can discuss this with one of the services listed below:

## **DoCs Helpline**

132 111 (free call)

24 hours state-wide

DoCs provides a range of services which provide information, advice & referrals

## **Kids Helpline**

1800 551 800 (free call)

24 hours state-wide

[www.kidhelpline.com.au](http://www.kidhelpline.com.au)

The Kids Helpline provides confidential and anonymous telephone and online counselling services specifically for young people aged between 5 and 18 years old

## **Northern Sydney Child Protection Services**

9926 6060

Monday- Friday 8:30am-5pm

## **Child Abuse Prevention Line**

1800 688 009

9716 8000

24 hours

[www.childabuseprevention.com.au](http://www.childabuseprevention.com.au)

# SERVICES FOR YOUNG PEOPLE

Adolescents can also be victims of domestic violence, through witnessing their parent's or other people's relationships where there is violence. These services may be able to provide information & support:

**Legal Aid Hotline for Under 18's**

1800 101 810

Monday-Friday: 9am- midnight

Weekends: 24 hours

**Clifton Adolescent & Family Solutions (CAFS)**

9482 1366

Hornsby & Ryde Local Area's

Free counselling service

**Manly Council Youth Services-**

Adolescent Family Counsellor

9977 5599

**Youth Line (Lifeline)** 13 11 14

24 hours free call

**Youth Accommodation Association**

[www.yaa.com.au](http://www.yaa.com.au)

9698 5833

**The Burdekin Association**

[www.burdekin.org.au](http://www.burdekin.org.au)

8976 1777

**Kids Help Line**

24 hours

1800 551 800

[www.kidshelp.com.au](http://www.kidshelp.com.au)

**Northern Sydney Youth Support Service**

9809 7850

**Taldumande Youth Services**

9953 1765

**Hornsby Shire Council –**

Youth Services Team 9847 6536

**Epping Youth Development Group**

"The Shack"

9876 3543

**Phoenix House Youth Services**

9437 0077

# ABORIGINAL AND TORRES STRAIT ISLANDER SERVICES

If you require information, referral, medical and legal advice:

|  |              |  |           |
|--|--------------|--|-----------|
| <b>Wirringa Baiya Aboriginal Women's Legal Centre</b>                    | 1800 686 587 | <b>Aboriginal Medical Service (AMS)</b>  | 9319 5823 |
| <b>Indigenous Women's Legal Contact Line</b>                             | 1800 639 784 | <b>Mudgin-Gai Aboriginal Corporation</b> | 9319 2613 |
| <a href="http://www.womenslegalnsw.asn.au">www.womenslegalnsw.asn.au</a> |              |  |           |

## SERVICES FOR WOMEN WITH A DISABILITY

|  |              |  |              |
|--|--------------|--|--------------|
| <b>People with Disability</b>                        | 1800 422 015 | <b>Disability Discrimination Legal Centre</b>              | 1800 800 708 |
| <a href="http://www.pwd.org.au">www.pwd.org.au</a>   |              | <a href="http://www.ddlcnsw.org.au">www.ddlcnsw.org.au</a> |              |
| <b>Intellectual Disability Rights Service</b>        | 9318 0144    |  |              |
| <a href="http://www.idrs.org.au">www.idrs.org.au</a> |              |  |              |



# DOMESTIC VIOLENCE IN SAME SEX RELATIONSHIPS

Domestic violence does occur within same sex relationships.

These are additional services available for same sex domestic violence advice and referral.

## **Inner City Legal Centre (ICLC)**

### **Lesbian & Gay Legal Rights Service**

9332 1966

Operates The Lesbian & Gay Legal Rights Service from

Wednesday 4pm (*by appointment only*)

[www.iclc.org.au](http://www.iclc.org.au)

## **Twenty 10 – GLBT Youth Support**

1800 652 010

8595 9555

[www.twenty10.org.au](http://www.twenty10.org.au)

## **ACON's Lesbian & Gay Anti Violence Project**

Toll free

1800 063 060

Metro

9206 2116

[www.rightnow.acon.org.au](http://www.rightnow.acon.org.au)

## **ACON Services**

AIDS Council of NSW has a range of services that may be appropriate for people experiencing same sex domestic violence.

Toll free

1800 063 060

<http://avp.acon.org.au>

# SERVICES THAT WORK WITH ADOLESCENT VIOLENCE

If violence is present in your relationship with your teenager, the following services may be able to assist you. Some of these services provide free individual and family counselling, practical support and/or group work programs for young people, and their families where problems are getting in the way of family relationships

|   |           |
|---|-----------|
| <b>Clifton Adolescent &amp; Family Solutions (CAFS)</b><br><a href="http://www.missionaustralia.com.au">www.missionaustralia.com.au</a><br>Free counselling & support service for young people & their families | 9482 1366 |
| <b>Hornsby Adolescent Youth Health Service</b>  | 9477 9143 |
| <b>Ryde Child, Adolescent &amp; Family Health Service</b>   | 9448 6877 |
| <b>The Burdekin Association</b><br><a href="http://www.burdekin.org.au">www.burdekin.org.au</a>   | 8976 1777 |
| <b>Manly Drug Education &amp; Counselling Centre (MDECC)</b><br><a href="http://www.mdecc.org.au">www.mdecc.org.au</a>  | 9977 0711 |
| <b>RAPS, Relationships Australia</b>  | 98 901500 |
| <b>Manly Council Youth Service</b>  | 9977 5599 |

# ALCOHOL & OTHER DRUGS SERVICES

## **YOUNG PEOPLE**

- Drug or alcohol affected or living with drug and alcohol affected parents

## **FAMILIES**

- Support for parents & families who are living with a drug or alcohol affected child or adult who is abusive.

These services are provided free with no referral required, but clients must phone to arrange an appointment

**Manly Drug Education & Counselling Centre (MDECC)**  
9977 0711  
[www.mdecc.org.au](http://www.mdecc.org.au)

**Hornsby Drug & Alcohol Service**  
9477 9567

**Northern Beaches Drug & Alcohol Services**  
Manly 9466 2502  
Mona Vale 998 0360

**Herbert Street Clinic** 9906 7083  
Detox, rehabilitation and methadone clinic & Counselling

**Ryde Drug & Alcohol Service**  
9858 7776

# SERVICES FOR PERPETRATORS OF VIOLENCE

Relationships should be mutually supportive and rewarding. If however one partner feels a sense of entitlement, wants to dominate, engages in coercion or manipulation, or violence the relationship becomes unsafe and free from communication. If you experience fear in your relationship even from time to time, you might feel unable to talk to your partner about this, then contact a professional counsellor either separately or together to discuss how men can take responsibility for their violence.

## Support & Information Services

**Relationships Australia (NSW)** 9418 8800

*Men's program, counselling, family counselling available in Northern Sydney*

**Lifecare** 9708 2112

*Men's programs*

**Men's Line** 1300 789 978

*(staffed 24 hours toll free)*

*Information support and referral for men with family and relationship issues*

**No to Violence** *Men's referral service* 1800 065 973

[www.ntv.net.au](http://www.ntv.net.au)

## Accommodation

**Homeless Persons Information Centre** 1800 234 566

**Mission Australia Centre** 9356 0600

**Edward Eagar Lodge** 9361 0981

**Foster House** 9212 1065

## Financial Assistance

**Information, appointments and opening hours** 131 021

**Multicultural information line** 131 202

# WOMEN OF CULTURALLY & LINGUISTICALLY DIVERSE BACKGROUNDS (CALD)

IF YOU REQUIRE AN INTERPRETER, PHONE **13 14 50** & ASK TO BE CONNECTED TO ONE OF THE SERVICES BELOW. THIS IS A FREE SERVICE AND AVAILABLE 24 HOURS EVERYDAY

## Domestic Violence Crisis Line 1800 65 64 63

|   |              |  |           |
|---|--------------|--|-----------|
| <b>Immigrant Women's Speakout</b><br><a href="http://www.speakout.org.au">www.speakout.org.au</a>         | 9635 8022    | <b>Immigration Advice and Rights Centre</b>  | 9262 8355 |
| <b>NSW Police Force – Multicultural Community Liaison Officer (MCLO)</b>                                  |              | <b>Ryde Korean Family Support Service</b>  | 9334 0111 |
| Chatswood - MCLO  | 9414 8510    | <b>Australian Chinese Community Association of NSW (ACCA)</b>  | 9281 1377 |
| Hornsby - MCLO  | 9476 9715    | <b>Muslim Women's Association</b>  | 9750 6916 |
| Eastwood - MCLO   | 9858 9219    | <b>Christian Community Aid</b>   | 9858 3222 |
| Dee Why - MCLO  | 9971 3399    | <b>Sydney Multicultural Community Services</b><br><a href="http://www.sydneymcs.org.au">www.sydneymcs.org.au</a> | 9663 3922 |
| <b>Transcultural Family Services Centacare</b><br><i>Chinese &amp; Vietnamese Counselling Available</i>   | 9310 1322    | <b>First Light Care-</b><br><i>Chinese Counselling Available</i>   | 9211 9988 |
| <b>Transcultural Mental Health Centre</b><br><a href="http://www.tmhc.nsw.gov.au">www.tmhc.nsw.gov.au</a> | 1800 648 911 | <b>Sydney Korean Women's Welfare Centre (SKWWC)</b>  | 9888 3442 |

**Violence happens in all cultures. Religion and culture are not the cause or an excuse for violence**

## English

Many women are not safe in their own homes. They cope with insults, threats, bashings and sexual assaults from the men they know and live with.

If you have been putting up with violence and want it to stop you can contact the interpreter service on 131 450 and ask them to connect you to 1800 65 64 63 for information. Or call the Local Police or go to the Police station.

Tell them your language and ask them to call the interpreter service.

**IN AN EMERGENCY CALL THE POLICE ON TRIPLE ZERO (000)**

## Spanish

Muchas mujeres no están seguras en sus propios hogares. Soportan insultos, amenazas, malos tratos y abusos sexuales de los hombres que conocen y con quienes conviven.

Si usted viene soportando la violencia y quiere que esto termine, puede comunicarse con el servicio de intérpretes al 131 450 y pedirles que la comuniquen con el 1800 65 64 63 donde podrá obtener información.

O puede llamar a la Policía Local o dirigirse a la estación de Policía.

Dícales qué idioma habla y pídales que llamen al servicio de intérpretes.

En caso de emergencia, llame a la Policía al 000.

## Indonesian

Banyak wanita yang tidak aman di rumah sendiri. Mereka harus menghadapi hinaan, ancaman, pukulan dan penganiayaan seksual dari pria yang mereka kenal bahkan yang tinggal bersama mereka.

Jika Anda menghadapi kekerasan dan ingin menghentikannya, Anda dapat menghubungi layanan penerjemahan di nomor 131 450 dan mintalah mereka menghubungkan Anda dengan nomor 1800 65 64 63 untuk mendapat informasi.

Atau, hubungi Polisi setempat atau pergilah ke kantor Polisi.

Katakan bahasa Anda pada mereka, dan mintalah mereka untuk menghubungi layanan penerjemahan.

Dalam keadaan darurat, hubungi Polisi di nomor 000.

## Indian / Hindi

बहुत सी महिलाएं अपने ही घर में सुरक्षित नहीं हैं। उन्हें उन मर्दों के हाथों अपमान, धमकियों, मार-पीट और यौन-आक्रमण का सामना करना पड़ता है जिन्हें वे जानती हैं या जिन के साथ वे रहती हैं।

यदि आप हिंसा का शिकार होती रही हैं और चाहती हैं कि यह बंद हो तो जानकारी के लिए दुभाषिया सेवा से 131 450 पर संपर्क करें और उन से 1800 65 64 63 मिलाने के लिए कहें।

या स्थानीय पुलिस स्टेशन को फोन करें या स्वयं पुलिस स्टेशन जाएं।

उन्हें अपनी भाषा बताएं और दुभाषिया सेवा को फोन करने के लिए कहें।

संकट के समय पुलिस को 000 पर फोन करें।

## Arabic

لا يشعر العديد من النساء بالأمان في منازلهن. بل وتتسم حياتهن بالتعرض للإساءات، والتهديد، والضرب والإعتداء الجنسي من أقربائهن الرجال الذين يعيشون معهن.

فإن كنت ممن تحملن العنف المنزلي وتريدينه أن يتوقف، فيمكنك الاتصال بخدمة الترجمة الفورية على الرقم 131 450 واطلبي منهم إيصالك بالرقم 1800 65 64 63 للحصول على المعلومات.

كما يمكنك أن تتصلي بالشرطة المحلية أو التوجه إلى قسم الشرطة.

أخبريهم بأي لغة تتحدثين واطلبي منهم الاتصال بخدمة الترجمة الفورية.

وفي حالات الطوارئ اتصلي بالشرطة على الرقم 000.

## Italian

Molte donne non sono al sicuro in casa propria. Devono sopportare insulti, minacce, percosse e violenze sessuali da parte degli uomini che conoscono e con cui vivono.

Se avete subito violenze e volete che finiscano, potete contattare il servizio di interpretariato al numero 131 450 e chiedere che vi mettano in contatto con il numero 1800 65 64 63 per informazioni.

Oppure chiamate la Polizia Locale o andate presso una stazione di Polizia.

Dite loro quale lingua parlate e chiedete loro di chiamare il servizio di interpretariato.

In caso di emergenza chiamate la Polizia allo 000.



## Persian

بسیاری از زنان در خانه های خویش ایمن نیستند. آنها باید توهین، تهدید، کتک و حملات جنسی را از جانب مردانی تحمل کنند که آنها را می شناسند و با آنها زندگی می کنند.

اگر تاکنون خشونت ها را تحمل می کرده اید ولی می خواهید به این وضعیت پایان دهید، می توانید با سرویس ترجمه در شماره تلفن 131 450 تماس گرفته و از آنها بخواهید که ارتباط شما را با شماره 1800 65 64 63 برقرار سازند تا بتوانید اطلاعات بیشتری دریافت کنید.

یا اینکه می توانید به پلیس محلی تلفن کرده یا به کلانتری مراجعه کنید.

نام زبان مادری خود را به آنها بگویید و از آنها بخواهید که به سرویس ترجمه تلفن کنند.

در صورت بروز شرایط اضطراری به شماره تلفن 000 پلیس زنگ بزنید.

## Filipino

Maraming mga babae ang hindi ligtas sa sarili nilang bahay. Kinakaharap nila ang mga insulto, banta, pananakit at pag-atakeng sekswal mula sa mga lalaking kilala nila at kinakasama nila.

Kung may kinakaharap kang karahasan at nais mong tumigil ito ay maaari kang makipag-ugnayan sa serbisyo ng pagsasalin-bigkas sa numerong 131 450 at hilingin sa kanila na ikonekta ka sa 1800 65 64 63 para sa impormasyon.

O di kaya'y tumawag sa Lokal na Pulisiya o magpunta sa himpilan ng Pulisiya.

Sabihin sa kanila kung ano ang iyong wika at hilingin silang tawagan ang serbisyo sa pagsasalin-bigkas.

Kapag oras ng kagipitan ay tawagan ang Pulisiya sa numerong 000.

## Korean

많은 여성들이 집에서조차 불안에 떨며 지내고 있습니다. 이런 여성들은 같이 살고 있는 가까운 남성으로부터 무시당하며 살거나 협박과 구타, 그리고 성폭행에 시달리며 살고 있습니다. 만일 당신이 폭력과 폭행 등에 시달리며 살고 있고 더 이상 그렇게 살기를 원하지 않는다면 131 450 (무료 전화 통역)으로 연락한 뒤 한국어 통역을 통하여 1800 65 64 63으로 전화 해주길 요청하십시오. 그러면 가정폭력에 대한 정보를 얻으실 수 있을 것입니다. 아니면 가까운 경찰서로 연락하거나 찾아가십시오. 원하시는 언어를 말씀해 주시면 통역을 불러 드릴 것 입니다. 긴급상황엔 000으로 전화해 경찰 (폴리스)를 부탁하신 뒤 한국어 통역 (코리안 인터프리터)을 찾으십시오.

## Chinese

許多婦女在家裏也並不安全，可能要面對她們所認識的或是居住在一起的男性的凌辱、恐嚇、毆打及性侵犯。

如果您曾遭受暴力對待，希望能停止這種行為，請撥打傳譯服務電話:**131450**,

要求傳譯人員聯繫家庭暴力諮詢和輔導專線:  
**1800656463**.

您也可以聯繫本地警署或到本地警局求助，請告訴他們您所講語言並要求翻譯服務。

緊急情況請撥打 **000**, 要求聯繫警方

# VICTIM RIGHTS IN DOMESTIC VIOLENCE

**THE CHARTER OF VICTIMS RIGHTS ADOPTED BY THE NSW GOVERNMENT RECOGNISES THE FOLLOWING RIGHTS OF VICTIMS OF DOMESTIC VIOLENCE**

- To be treated with courtesy and compassion
- To be informed by police, prosecutors and officers of the court, health services and social services of the remedies available
- To have access to medical and counselling services and welfare, health and legal services
- To be advised of charges laid or given reasons for charges not being laid
- To be advised of the withdrawal of a charge
- To be protected from unnecessary contact with the accused person during the course of the court proceedings
- In most cases, to have residential addresses and telephone numbers withheld
- To be advised of any special bail conditions designed to protect the victim or their family
- To be relieved from attending preliminary hearings or committal hearings unless the court directs otherwise
- In cases of sexual assault or other personal violence, to have the Prosecutor make known to the court the full effect of the crime upon the victim
- To have their need for protection placed before any bail authority
- To be able to request notification of the offender's impending release, or escape from custody.

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# DOMESTIC VIOLENCE IS A CRIME



**A Community Resource Booklet  
Sponsored by Willoughby Council**



A production of the Lower North Shore Domestic Violence Network