

Lifestyle and opportunity at your doorstep

Supporting inclusive volunteering



About this information



City of Ryde Council made this information.



Lifestyle and opportunity at your doorstep **City of Ryde Council** is the part of government that looks after the area of Ryde.



The information is about **inclusive volunteering** in Ryde.



Inclusive volunteering means everyone can be a part of and do **volunteering**.

Volunteering means when you work for free.



We got help from people with disability to make this information.



email

9952 8222

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We have this information in other languages like

If you want to read it in these languages you can

- Simplified Chinese
- Korean.

 Go to our website at www.ryde.nsw.gov.au/siv

> Send us an email at community@ryde.nsw.gov.au

• Call us on 9952 8222.

About volunteering



Volunteering is when you work for free to help

- A person
- A service
- A group
- With an issue important to you.



Volunteering is good for our **community**.

Community means the place where you and others live.



Almost 5 million people in NSW do volunteering.



Volunteering is good because it can

• Help you learn new things

• Make a difference to the community

• Help you meet new people

• Help you feel good about yourself.



It could even be a way for you to get a job.

People with disability and volunteering



People with disability have the right to volunteer.



Volunteer organisations should make ways for people with disability to do volunteering.



Volunteer organisations are places where you can do volunteering.



You might get money from the NDIS to

- · Get support when you do volunteering
- Learn things that will support you to do volunteering.



You can also get support from your **Local Area Coordinator** to find ways to do volunteering.



A Local Area Coordinator is someone who supports you to get your goals.

We will say **LAC** for short.



If you want to know more about how the NDIS supports with volunteering you can

- Call the NDIS on 1800 800 110
- Go to the NDIS website at www.ndis.gov.au.



To speak to an LAC you can call

• Uniting on 9275 9441

 Settlement Services International on 1800 960 975.



These are both services where LACs work.

Things volunteer organisations need to do



There are things volunteer organisations need to do to keep you safe.



They must

- Make you feel welcome
- Give you training
- Make sure you feel ok to speak up
- Give you jobs you can do
- Make the place safe for you to work.



They must keep your information **private**.

Private means no one else can see it.



They must make sure you know how to make a **complaint**.

A **complaint** is when you speak up because you are not happy with something.



They must pay you back if you have to spend money when you do volunteering.



They must give you **insurance**.

Insurance means they will pay if something bad happens to you when you do volunteering.

Things you need to do



There are things you need to do when you do volunteering.



You will need to

- Follow the rules of the volunteer organisation
- Ask if you need support
- Do training to learn things
- Speak up if you or someone gets hurt
- Keep information private.



You might also need to

- Do what the person in charge says
- Do things to keep yourself safe
- Speak up if something is not safe
- Use equipment.

Equipment is things you use to do the job.



There will be rules at every volunteer organisation.



You can ask the volunteer organisation to tell you about their rules.

Reasonable adjustments



Volunteer organisations need to make **reasonable adjustments** for people with disability.



Reasonable adjustments are things that will support you to do the volunteering.



It could be things like

- A support worker to help you do things
- Making the buildings easier for you to get to and use
- Special equipment for you.



You can use a **Reasonable Adjustments Passport.**

A **Reasonable Adjustments Passport** says what things will help you do the volunteering.

Reasonable Adjustment Passports can help



- Make sure everyone knows what support you need
- Make it easier to talk about the supports you need.



You can ask the volunteer organisation if they have a Reasonable Adjustment Passport.



If they do not have one you can make your own at this website

www.volunteering.com.au/resources



This website is not Easy Read.

You can ask for support to read it.

How to become a volunteer



These are the steps for how to become a volunteer.



You can look online to find places to do volunteering.



You can go to websites like

 Seek Volunteer at www.volunteer.com.au



 NSW Volunteering at www.volunteering.nsw.gov.au.



These websites are not Easy Read.

You can ask for support to use them.



You can talk to people to see if they know any places you can do volunteering.



- You might talk to your
- Friends

• Family

• Work.



Some volunteer organisations might ask you for a

- Working With Children Check
- National Police Check.



A **Working with Children Check** says if you are safe to work with children.



A **National Police Check** says if you have ever broken the law before.



You do not need to pay for a Working With Children Check if you do volunteering.



You might be able to pay less money for the National Police Check.



You can ask the volunteer organisation if they can pay for your National Police Check.



For more information about how to get the checks you can go to

www.service.nsw.gov.au.



This website is not Easy Read.

You can ask for support to read it.

How to make the most of volunteering



We asked volunteers with disability how to make the most out of volunteering.



They said you can do things like

 Ask for the volunteer organisations reasonable adjustment rules

• Do the Reasonable Adjustment Passport

· Tell them what you need for your disability

• Ask what supports there are.



You can also check if the building where you do volunteering is easy to get to and use.



You can ask for a **position description**.

A **position description** says the things you will do when you do the volunteering.

Services



There are different services you can use for when you do volunteering.



The **Translating and Interpreting Service** can support you to speak with someone in your language.



You can call them on 131 450.



The **National Relay Service** can support you to speak if you

• Are deaf

• Have trouble hearing.



You can call them on **1800 555 660**.



The **Centre for Volunteering** has information about volunteering.



You can call them on **02 9621 3600**.

Advocacy services



There are **advocacy services** you can call if you need support with rights.



Advocacy services help people with disability get their rights.



People With Disability Australia supports people with all types of disability.



You can call them on **02 9370 3100**.



NSW Council for Intellectual Disability supports people with intellectual disability.



You can call them on **1800 424 065**.



Multicultural Disability Advocacy Association supports people from different cultures.



Cultures means the way you do things because of where you or your family are from.



You can call them on **02 9891 6400**.



Diversity and Disability Alliance supports people from different cultures to meet new people.



You can call them on **0434 354 114**.

Council for Intellectual Disability made this information Easy Read. **CID** for short. You need to ask CID if you want to use any pictures in this document. You can contact CID at **business@cid.org.au**. **25**