
**MM14/24 THE ANNUAL NORTH RYDE eFUN RUN FOR YOUTH
MENTAL HEALTH - Mayor, Councillor Trenton Brown****File Number: CLM/24/1/1/8 - BP24/312**

The Annual North Ryde eFun Run for Youth Mental Health is being held from 28 April 2024 to 5 May 2024.

The Rotary Club of North Ryde is working in partnership with the Rotary Clubs of Ryde and Macquarie Park as well as Macquarie University Lifespan Health and Wellbeing Research Centre (formerly the Centre for Emotional Health) in organising the eFun Run.

The event is open to Rotary club members, family, colleagues and friends; community members and groups and university and school students. Registration costs for the event are \$25 for adults and \$15 for students (13+).

Entrants nominate a distance they will challenge themselves to cover during the week and they can walk, jog, run or ride a bike in their own time, at their own pace, individually or in a team over the week of the eFun Run.

Each entrant or team can seek sponsorship for their challenge from their families, friends and colleagues through the eFun Run website. Donations are also able to be made through the website with funds raised going to Australian Rotary Health for research into Youth Mental Health; Macquarie University Lifespan Health and Wellbeing Research Centre's Cool Kids Program and other worthy Rotary Youth Projects.

RECOMMENDATION:

That Council endorse the promotion of the Annual North Ryde eFun Run for Youth Mental Health on the Council website and via Council's usual communication channels.

ATTACHMENTS

There are no attachments for this report.

Report Prepared By:

Councillor Trenton Brown
Mayor