

LIVE.WORK.PLAY.

Putney Beach Opening

Take a dip this
summer at
Putney Park

● PAGE 5

Spring Cleaning

Your guide to an
environmentally-friendly
spring clean

● PAGE 14

Forest Bathing

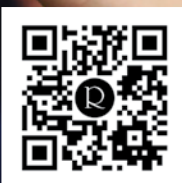
Explore the
benefits of
ecotherapy

● PAGE 15



**GRANNY
SMITH
FESTIVAL**
See what's in
store this year!

● PAGE 6-11



To view the magazine
online visit
[www.ryde.nsw.gov.au/
LiveWorkPlay](http://www.ryde.nsw.gov.au/LiveWorkPlay)

MAYOR'S MESSAGE

A MESSAGE FOR CITY OF RYDE



Welcome to the spring edition of Live.Work.Play – City of Ryde’s community magazine.

The days are getting longer, the sun is getting warmer, and our gardens are blooming. Spring has arrived and for the City of Ryde that means the countdown for our biggest annual event – the Granny Smith Festival – is underway.

In this edition of *Live.Work.Play* we’re giving you a special preview of what to expect at this year’s festival, which will be held in the heart of Eastwood on Saturday 21 October from 9.00am – 8.30pm.

Put the date in your calendar now – the Granny Smith Festival has a well-deserved reputation as one of Sydney’s biggest and most popular street festivals and it’s going to be another fantastic day out for the whole family.

Visit ryde.events/GSF for more details.

An innovative activation project that will benefit the whole community is the new Parramatta River beach site at Putney Park which will be ready to see its first swimmers by summer.

This site was the original home for the first in-river swimming area in Ryde in the 1920s.

The reinstatement of the swimming area will increase community recreational opportunities with the installation of a swimming safety net to allow people to swim within an enclosed, safe environment.

Council has added two more murals to its impressive collection of public art, with dynamic, sports-themed installations at ELS Hall Park, North Ryde and Morrison Bay Park, Putney recently unveiled.

We’re extremely proud of our public art and inside you’ll find a map that will enable you to plan a tour of all of City of Ryde’s creative and colourful installations.

Finally, for many residents spring is the perfect time for the annual clean-out and we’re helping out with a guide to the top 10 environmentally-friendly cleaning tips that will both refresh your space and help the planet.

Sincerely,

Clr Sarkis Yedelian OAM - Mayor

Phone 9952 8222

mayor@ryde.nsw.gov.au

OUR COUNCILLORS*

Central Ward



Clr Sarkis Yedelian OAM
– Mayor
0412 048 330
SYedelian@ryde.nsw.gov.au



Clr Jordan Lane
0466 135 359
JordanL@ryde.nsw.gov.au



Clr Trenton Brown
0435 652 272
TrentonB@ryde.nsw.gov.au



Clr Shweta Deshpande
– Deputy Mayor
0481 282 875
ShwetaDe@ryde.nsw.gov.au



Clr Sophie Lara-Watson
0481 282 880
SophieLW@ryde.nsw.gov.au



Clr Daniel Han
0481 282 877
DanielHan@ryde.nsw.gov.au



Clr Katie O'Reilly
0481 282 873
KatieOr@ryde.nsw.gov.au



Clr Roy Maggio
0418 299 347
RMaggio@ryde.nsw.gov.au



Clr Justin Li
0412 614 174
JustinLi@ryde.nsw.gov.au



Clr Bernard Purcell
0435 696 963
BernardP@ryde.nsw.gov.au



Clr Penny Pedersen
0435 697 314
PenelopeP@ryde.nsw.gov.au



Clr Charles Song
0416 011 040
CharlesSong@ryde.nsw.gov.au

NEWS

Meet our Artist-in-Residence

Rooi Ping Lim is our first artist as part of the Artist-in-Residence (AiR) Program, which focuses on the development of artists by providing recipients with a spacious studio environment in which to pursue and further extend their art practice.

Rooi Ping Lim 'Treksketcher' is a professional artist whose focus is on urban sketching. From a young age, Rooi drew on spare bits of paper, books, cardboard and anything she could get her hands on. The thrill of capturing what she sees and translating that onto paper is something Rooi thrives on. Rooi is very excited about spreading her extensive knowledge about sketching, art and creativity through the City of Ryde community.

Visit the studio space at Westward Cottage at 8 Turner Street, Ryde to see Rooi at work. For studio opening days and hours and to find out more about the Artist-in-Residence program visit

www.ryde.nsw.gov.au/AIR



Treksketcher

Supporting neurodiverse children

Sensory Story Time is a fun and interactive approach to storytelling that supports children with disability, autism or sensory processing challenges. Held monthly, each session is unique depending on the needs of the children in attendance – sessions include stories, songs, rhymes and fingerplays. Sensory Story Time takes place at our North Ryde Library, where you'll find dimmed lighting and a range of fidget toys to help your child feel at ease.

The best thing about Sensory Story Time is that it is judgement-free and focused on the needs of neurodiverse children. There is no expectation for children to be quiet or to sit still during a session.

Sessions are held on the last Friday of the month from 9.30 – 10.00am at North Ryde Library.

Visit www.ryde.nsw.gov.au/sensorystorytime for more information.



"It was our first time in the Sensory Story Time and we really enjoyed it. Stories were about music and the kids were allowed to play instruments after. Staff were very gentle and nice with the kids as always. We will be back." - Lillian

Auslan Story Time delights local kids



The first of North Ryde Library's Auslan Story Time trials have been held, with local Deaf and hard-of-hearing children enjoying some fantastic books signed to them by highly qualified staff from our partners Deaf Connect, with assistance from a City of Ryde librarian.

An attentive and engaged young audience was on hand when the six-month trial kicked off with an Auslan storyteller and translator delighting them with Heidi McKinnon's popular kids' books *Floof* and *We Found a Cat*.

The fortnightly sessions – which are the result of a motion passed by City of Ryde Council in November 2022 – are tailored for Deaf and hard-of-hearing children aged 3 to 7 years and their care givers, families, and other support people.

There is significant evidence that Auslan competency improves cognitive development and increases school and tertiary education completion rates among the Deaf community as well as improving rates of employment.

The Story Time trial is scheduled to go for 12 months and we're encouraging all young members of the local Deaf community to join in.

For bookings go to:
www.ryde.nsw.gov.au/auslanstorytime

Knitters spin wonderful yarn



Ryde library was transformed into a winter wonderland in August as City of Ryde's four knitting and crochet groups came together to take part in the annual Knit-In.

More than 35 wraps were featured in a colourful and vibrant display that showcased the talent of Ryde's knitters. The Knitters meet throughout the year at City of Ryde libraries to create wraps for the charity group Wrap with Love.

In the past 12 months Ryde knitters have sent 348 wraps – which are about the size of a single bed – to Wrap with Love, including 96 that were forwarded to people in Syria after the devastating earthquake there earlier this year.

Since the beginning of the association with Wrap with Love, Ryde's knitters and crocheters have created an astonishing 6,032 warm wraps for the organisation, which distributes them both locally and internationally.

To help this amazing volunteer effort join City of Ryde's knitting groups (beginners welcome) or donate 8 ply yarn (either wool or acrylic). Our knitters and crocheters have to buy their own yarn and, over time, it can become very expensive.

For more information, go to:
www.ryde.nsw.gov.au/knitting

DOWN BY THE RIVER

Life's a beach... at Putney



There's growing excitement about the planned summer 2023-24 opening of City of Ryde's new Parramatta River swim site at Putney Park.

The Putney Beach site, created in collaboration with the State Government, is one of several new swimming locations along the Parramatta River.

The installation of a swimming safety net, scheduled to begin in October, will allow people to swim within an enclosed, safe environment and follows Council's installation of new beach activation in 2021.

The beach will further add to the already wonderful amenities at Putney Park, which provides great picnic spots and shaded areas, allowing visitors to enjoy a leisurely lunch or relax with a book after a swim. There are four gazebos available for hire at Putney Park.

More details on Putney Park:
www.ryde.nsw.gov.au/putneypark

With local swimmers expected to flock to the picturesque Putney Beach during the hotter months ahead, it's a great time to become acquainted with some essential safety tips around taking a dip in the river.

Royal Life Saving Australia (RLSA) advises that river swimmers be aware of risks and hazards that include: sudden changes in conditions; fast flowing water; submerged objects; and sudden changes in depth.

Safety tips include: checking conditions before entering the water; entering the water slowly, feet first; avoiding underwater obstacles such as rocks or branches; and avoiding alcohol and drugs around water.

You can find further details here:
www.royallifesaving.com.au/stay-safe-active/locations/inland-waterways

It's also vital that everyone using the beach has some swimming proficiency.

The Ryde Aquatic Leisure Centre has a fantastic Learn to Swim program for infants, children, and adults of all abilities that are structured to promote water familiarisation, safety, correct stroke technique and personal development.

Its AUSTSWIM certified instructors will guide each student from a non-swimmer to a proficient, confident and safe swimmer.

More details: www.ryde.nsw.gov.au/learntoswim

Spot the native wildlife!

Next time you visit the Parramatta River, keep an eye out for the Australasian Darter (*Anhinga novaehollandiae*). Australian Darters are a type of water bird, measuring around 88cm long, with an S-shaped neck, yellow bill and white markings on the sides of their face and neck.

They dive down into the water, using their sharp bill to catch fish but also eat shrimp, insects, worms and even small tortoises. Sometimes they are seen swimming in the river with just their head and neck above the water.

This Australian Darter was spotted along the Parramatta River at Kissing Point Park. It was drying out its wings in the sun after a fishing trip.



RICKI-LEE'S STAR A-PEEL



Ricki-Lee is the 2023 headlining artist for the Granny Smith Festival, performing on the main stage at 7.00pm. We asked Ricki-Lee a few questions to get to know her a little better before the big show.

What made you fall in love with music?

I just always gravitated to music over anything else. I found it amazing that there was a song for every mood or feeling or thing you might be going through and from a young age it was how I learned to express myself.



I found a lot of meaning in lyrics and songs seemed to give me the answer to a lot of questions I had. I have a very musical family, so I was always surrounded by music. There was nothing I ever wanted to do but music... I knew from a really young age I wanted to be an artist. There's no greater feeling than being on a stage, performing for people and making them feel good, or sad, or retrospective...whatever it may be.

What do you do in your spare time?

I love watching F1 and UFC... I love cooking for my friends and family and I very much enjoy a lazy day on the couch being an absolute sloth in my robe and not doing a thing!

What is your go to karaoke song?

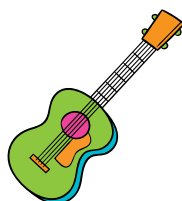
Simply the Best or You're the Voice!

What is your favourite song you've released so far?

I would say that *On My Own* is the song of my life. It's the song I've been trying to write for 20 years and is everything I ever wanted to say in a song! It's a song about struggle and resilience and never giving up.

Do you speak another language?

I learnt Italian in school for 12 years and I used to be able to speak it very well, but I have unfortunately lost that ability... but I can still follow and understand it a bit. I wish I stuck with it so I could speak Italian fluently. We went to Italy on our



honeymoon and I tried to speak Italian as much as I could but very quickly realised how little I remembered!

What do you look forward to most about performing at the 2023 Granny Smith Festival?



I'm so excited to get up there and perform for everyone with my band! It's going to be a wonderful day and I hope I can be the cherry... or shall we say...apple on top of a great family day out! I'll be performing some of my songs mixed with some of my all time favourite songs that everyone knows and loves... so everyone has to bring their singing voices and dancing shoes 'cos we are gonna have FUN!

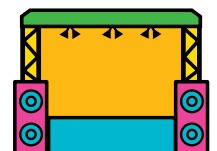
One message you would give to your fans?

I honestly just want to say that every day I am grateful for their love and support! For almost 20 years I've been able to do what I love and make music. That's all I ever wanted to do when I was a kid so my life is literally a dream come true, and it's all because of you!



What is your favourite apple?

Granny Smith... obviously!



Do you have a pre-performance ritual?

I always do my own hair and make up, it's very much part of getting in the zone... I find it very relaxing. I don't like to eat anything too close to a performance because there's nothing worse than feeling your dinner bouncing around your tummy while you're up on stage! So dinner is usually a couple of hours before I perform. Thirty minutes before the show, I get into my costume and warmup my voice.

 City of Ryde
PRESENTS

LIFT OUT
FESTIVAL
GUIDE



GRANNY SMITH FESTIVAL

SATURDAY 21 OCTOBER 2023

EASTWOOD 9.00am – 8.30pm

RICKI-LEE



PERFORMING LIVE



GRAND STREET PARADE

STREET PERFORMERS & COMPETITIONS

MARKET STALLS & FOOD TRUCKS

CARNIVAL RIDES & CIDER BAR

ALL DAY ENTERTAINMENT

FIREWORKS FINALE AT 8PM



FOR THE FULL ONLINE PROGRAM GO TO
RYDE.EVENTS/GSF

FESTIVAL HIGHLIGHTS



PARADE

To kick start your festival day, find a spot along the pink parade route and enjoy all the colour and vibrancy of the parade. There will be marching bands, dance groups, cultural performers and festival floats!



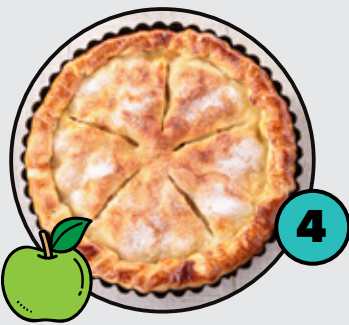
APPLE SHED AND ANIMAL FARM

Visit the Apple Shed located in Eastwood Public School Hall for all things GSF. Here there will be information, animal farm, giveaways and competitions, stage performances and meet and greet sessions with festival Mascot, Sweetie Pie, and Mrs Smith herself.



K-TOWN MADANG STAGE

Come to K-Town Madang to enjoy stage performances or take part in the K-Pop Dance Competition. There will be free activities for all ages! From digital art and face painting to dressing up in a traditional Korean Hanbok.



APPLE PIE EATING COMPETITION

You won't want to miss the return of the Apple Pie Eating Competition on the Plaza stage at 1.15pm. There will be great prizes on offer. Register online if you think you have what it takes!



YOUTH ZONE

Young people aged 12+ can gain exclusive entry into the Youth ONLY Zone. Chill on a bean bag with some free popcorn whilst soaking up some tunes. There will be art, music, a selfie station and free activities throughout the day. Bring your friends from 11.00am – 6.00pm!



CIRCUS PLAYGROUND

Roll up, roll up! Learn new tips and tricks in our circus workshop enclosure or test your skills on the side show alley games. There's something for everyone!



BATLOW CIDER BAR

Chill out in the Batlow Cider Bar on the oval and enjoy free cider tastings while watching the performances on the main stage. Panetta Mercato will also be onsite to pair the perfect sides to your ciders.



CARNIVAL FUN AND CAMEL RIDES

Don't miss all the carnival fun on the oval with rides and games galore! Thrill seekers can give the Space Jam a go or battle your friends on the dodgem cars. This year will also see camel rides offered on the top oval between 11.00am and 3.00pm.



HEADLINING ARTISTS

Kids will be able to dance-along with JJ from CoComelon on the oval stage at 12.00pm and 1.30pm. Then to close out the night don't miss Ricki-Lee perform from 7.00pm with our fireworks finale at 8.00pm.

GRANNY SMITH FESTIVAL

21 OCTOBER 2023

LEGEND

-  PARADE ROUTE
-  ROAD CLOSED
-  PARADE ROAD CLOSURE 8.00AM – 11.00AM
-  DISABILITY DROP OFF
-  ST JOHN FIRST AID
-  Sydney WATER BOTTLE AND REFILL BUBBLER STATION
-  FOOD AREA
-  BAR AREA
-  CITY OF RYDE STALL
-  FESTIVAL INFORMATION STALL/LOST CHILDREN
-  STALLS

FESTIVAL OPERATING HOURS

- Rowe Street and The Avenue 9.00am – 3.30pm
- Progress Avenue and Hillview Road 9.00am – 4.30pm
- Eastwood Plaza 9.00am – 5.30pm
- Eastwood Oval and West Parade 9.00am – 8.30pm
- Transport details





BYO WASTE WISE



As part of the City of Ryde's commitment to creating a sustainable environment, the Granny Smith Festival is designated as a 'Waste Wise Event'. Please remember to BYO water bottle as no plastic water bottles will be sold by our stallholders. Fill up for free at the refill water stations located around the festival site provided by Sydney Water. We also encourage festivalgoers to BYO re-usable bags, water bottles and coffee cups.



GETTING THERE

The Festival attracts a large crowd which can mean parking is limited. Leave the car at home and catch a bus, train or the Shop Ryder free shuttle service. Visit Trip Planner at www.transportnsw.info to organise your journey from start to finish or visit www.ryde.nsw.gov.au/gettingtogsf

ACCESSIBLE DROP OFF ZONE



If you have a disability parking permit and require close access to the festival, use our Drop-off Zone. Entry is via Trelawney Street located on the map.

SPONSORS



PRESENTED BY



APPLE SPONSOR



GOLD SPONSORS



SILVER SPONSORS



9.00AM - 8.30PM  RYDE.EVENTS/GSF

PEOPLE OF THE GRANNY SMITH FESTIVAL



MADRAGS

Madrag's is a local institution of the Granny Smith Festival. Owner Hans has been attending the festival since 2014 and focuses on just 3 things... t-shirts, hats and of course apples.

We asked Hans what he loves most about being a stallholder at the event "I love coming to the festival each year to see my quirky collection standing out in the crowd!"

You can find Madrag's on Rowe Street.



AVENUE D

Dani and the team at Avenue D have never missed a Granny Smith Festival since 2011. The kids love to get in front of a live audience and this year they have put a special Granny Smith Festival inspired show together which we can't wait to see!



SPINJOY

Caitlyn Woods and her crew have been entertaining Granny Smith Festival crowds since 2017. All she needs is some tunes and a hula hoop and watch her go!

And you won't find a more vibrant person, putting a smile on thousands of festival goers faces.



SES MEMBERS

The local SES Ryde unit has been a part of the Festival for 38 years and are crucial to the safe and successful operation of the event. They assist in more ways than people probably know! From parade marshalling, assisting with stallholder set up and pack down, community engagement to being on stand-by in case of any emergencies. A big thank you to Unit Commander Kieran Gibson and the whole Ryde SES unit.

MURAL TRAIL



Explore Ryde's brilliant outdoor art gallery

Two new murals have been added to City of Ryde's growing collection of spectacular public art, designed to celebrate our local social and cultural heritage and contemporary life, explore community identities, and establish a mood for city spaces.

The sports-themed murals – installed during July at ELS Hall Park, North Ryde, and Morrison Bay Park, Putney – follow the unveiling of a brilliantly coloured giant rainbow lorikeet on the side of a building in Ryedale Road, West Ryde in May.

The works add a sense of vibrancy and colour to otherwise everyday urban spaces and parks within the local government area, connecting people and place and building a sense of belonging.

Public art can take on many forms – sculpture, mural, manhole cover, paving pattern, lighting, seating, building facade, fencing, water feature, engraving, carving, fresco, collage and mosaic.

It can be environmentally responsive and take the form of sculptural work, wind or water features, and artist designed earthworks using raw materials or plantings.

It can be film, digital images or photographic projections, billboards, custom designed floor treatments, glasswork, signage, or sound installations.

If you haven't been able to see the full spectrum of public art in Ryde, this helpful map will enable you to plan your own tour of the amazing creativity that is blooming in our City, whether you have a few hours to spare or a whole day.

It's a brilliant, free outdoor gallery and spring is the perfect time to explore it.



Meadowbank train station



Boronia Park shops



Trim Place, Gladesville



Anderson Park, Meadowbank



Morrison Bay Park, Putney



ELS Hall Park, North Ryde



TIME TO GET CREATIVE

Are you an aspiring young writer, with a great idea to explore? Or do you express your artistic drive on canvas, or through photography, sculpture, digital art, or collage?



If you practice or are interested in any of those disciplines, then City of Ryde's inaugural Youth Creative Competition 2023 is a great way to showcase your talent.

The competition will be held across three age groups – 12-15, 16-19, and 20-24 – with entries to address the theme: 'Hope for the Future'.

In the Art Category, entrants are asked to submit a photo of their chosen work, while writers will need to submit a short story, fan fiction, poem, review, or any other piece of prose to a maximum of 1,000 words.

Entries are open until 31 October 2023, with judging to take place in November 2023. There are prizes to the value of \$1,000 on offer for the top three entries in each category.

So don't delay – it's time to get creative!

For more details, go to: www.ryde.nsw.gov.au/creativecomp



SPRING CLEANING

10 tips for an environmentally-friendly refresh



Spring cleaning is the perfect opportunity to not only refresh your living space but to also show some love for our precious environment. Here are ten tips for environmentally-friendly cleaning during this year's spring clean:

- 1** Choose environmentally-friendly cleaning products such as vinegar, rubbing alcohol, bicarb soda, and citrus fruits that are biodegradable and free from harsh chemicals.
- 2** Before tossing out unwanted items, consider whether they can be reused, repurposed, or sold. A great way to do this is through a garage sale and you can register here: www.ryde.nsw.gov.au/garagesales
- 3** Ditch disposable paper towels in favour of microfibre cloths which are highly effective at trapping dirt and require fewer cleaning products, thus reducing waste and environmental impact.
- 4** When cleaning, be mindful of water usage. Turn off the tap when not in use and consider using a bucket instead of running water for tasks like mopping or outdoor cleaning.
- 5** Avoid synthetic air fresheners that release harmful chemicals into the air. Instead, use natural alternatives like fresh flowers, essential oils, or DIY potpourri made from dried fruit peels and spices.
- 6** Reduce the clutter and sign up to paperless bills and receipts or put up a 'no advertising material' stickers on your letter box. Request a sticker to be posted to you here: www.ryde.nsw.gov.au/wasteresources
- 7** Upcycling your old furniture not only reduces waste but also gives your home a unique and personalised touch.
- 8** During cleaning, turn off lights and appliances when not in use and open windows to let in natural light and fresh air instead of relying on electricity.
- 9** Dispose of hazardous waste like paint, batteries, or electronics responsibly for free at Community Recycling Centre in Artarmon: www.ryde.nsw.gov.au/crc
- 10** Spring is the perfect time to start a compost bin – composting kitchen scraps and yard waste helps reduce landfill waste and creates nutrient-rich soil for gardening. Order a compost bin at www.ryde.nsw.gov.au/compost

Remember, small changes can lead to significant results when it comes to making a positive impact on the environment and preserving our planet for future generations. Let's work together for a greener and cleaner community!

DE-STRESS WITH FOREST BATHING

Take some time out and get back to nature



Field of Mars, East Ryde



Field of Mars, East Ryde

Whether you're feeling stressed or wired, forest bathing is an easily accessible activity that will help us to reconnect with nature, relaxing our body and mind. It is a form of ecotherapy that involves immersing ourselves in the natural environment and taking in the sights, sounds and smells with our senses.

Science has proven that immersing ourselves in nature can offer us great benefits such as lowering our stress levels and blood pressure. We tend to sleep better, and our mood and concentration may improve, as does our general wellbeing.

While the value of connecting with nature has always been known by cultures around the world, forest bathing emerged as a formal type of therapy in the 1980s in Japan. The Japanese embraced shinrin-yoku, (lit. forest bathing), as medicine for their stressful urban lives.

You can experience forest bathing anywhere in nature, even in one of our local parks. Find a place that offers easy walking paths.

When you're ready to start, put aside your thoughts on the past and future, and open your senses to the environment around you. Walk slowly and steadily, and take the time to notice the movement and sounds around you.

Forest bathing can also be experienced sitting down or standing up, and is suitable for people of all abilities.

Why not have a go at forest bathing at Darvall Park in Denistone? To the left of the amenities building, you'll find an easy 1km walk. You can also enjoy a combination of paths and bush tracks at Banjo Paterson Park in Gladesville.

For more information on suggested local places for forest bathing, visit www.ryde.nsw.gov.au/forestbathing



Banjo Paterson Park, Gladesville



Darvall Park, Denistone

Mental Health Month is coming up in October and is a good time to check in with your own mental health and wellbeing. More information about our Mental Health Month program will become available at www.ryde.nsw.gov.au/mentalhealth

EVENTS IN YOUR CITY

VENUE HIRE

Find the right venue for your next event or activity

Does your community group run regular events or activities? We have a range of venues suitable for long-term hire ranging from community halls with stages and kitchens, through to meeting rooms.

Applications are open until 31 October.

For more information on venue hire, visit www.ryde.nsw.gov.au/venuehire



SAVE THE DATE

Mark these dates in your calendar



SAT
11
NOV

Remembrance Day



DEC

Christmas in the City of Ryde



SUN
31
DEC

New Years Eve Fireworks



FRI
26
JAN

Ryde's Backyard BBQ

Visit www.ryde.nsw.gov.au/events for the latest information on upcoming events.



SUBSCRIBE TO CITY NEWS

Your monthly guide to what's on around Ryde.

SCAN TO SUBSCRIBE



 City of Ryde

Lifestyle and opportunity at your doorstep

  /CityofRyde
www.ryde.nsw.gov.au

Customer Service Centre 1 Pope Street, Ryde (within Top Ryde City shopping centre)
Locked Bag 2069, North Ryde NSW 1670
P: 9952 8222 E: cityofryde@ryde.nsw.gov.au