Thursday, 28 April 2011

## HEALTHY KIDS GO ACTIVE 2 SCHOOL NORTH RYDE PUBLIC SCHOOL LAUNCH

North Ryde Public School will launch the Go Active 2 School project on Thursday 5 May to assist kids to walk safely to school.

The launch supports the upcoming National Walk Safely to School Day on May 20, maximising the participation of students from North Ryde Public.

To achieve more kids walking safely to and from school on a regular basis, the project provides kits that assist kids and parents to plan their walking journeys to and/or from school.

## The kit contains:

- Transport Access Guides (TAG's) which are maps of safe walking routes to school and transport information. In order to develop the TAG a "walkability" audit has been conducted in the local streets surrounding the school to develop walking routes and identify hazards to walking.
- Fluoro safety vests to increase children's visibility when walking to and from school.
- Go Active 2 School branded water bottles and pedometers as incentives for the children to walk.
- Information on healthy living and being sun smart.

North Ryde Public School is the sixth local school to take up the project.

This project is implemented in partnership with school community, Ryde Hornsby Health Promotions Unit (NSW Health), NSW Police and the Department of Education and Training Road Safety Curriculum Support.

## Photo Opportunity:

Thursday 5 May, 2.15pm, Coxs Road, North Ryde.

Students from North Ryde Public School will test out their fluoro vests, TAGs and water bottles at the launch of Go Active 2 School.

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